

2011 Silson Road Running Challenge

Weston

1	David Coates	M50	33	21	33	72.14
2	Sue Clayton-Drabble	F45	39	17	39	92.88
3	Sheona Smee	F50	43	30	43	93.92
4	Trevor Barnes	M55	34	36	34	95.97
5	Andy Pacey	M40	29	22	29	100.00
6	Kevin Reboul	M45	31	13	31	100.00
7	Heather Cooke	SF	35	36	35	103.14
8	Richard Davies	SM	33	12	33	103.65
9	Sarah Clark	SF	36	55	36	106.95
10	Madeleine Moutrie	F45	41	29	41	108.64
11	Chris Wood	SM	29	17	29	109.06
12	Simon Woodward	SM	29	48	29	110.99
13	Brian Keers	M50	37	35	37	115.11
14	Ellie Lock	SF	40	32	40	117.43
15	David Jarrett	M50	38	47	38	118.79
16	Andy Kirk	SM	32	25	32	120.73
17	Jonathan Gale	M40	36	19	36	123.67
18	Carol Debney	F65	53	48	53	130.90
19	Simon Peart	M40	39	54	39	135.87
20	Kit Rapson	F40	48	6	48	136.00
21	Justine Verwey	F40	47	41	47	154.65

Jokers

Richard Davies	34:21
Madeleine Moutrie	41:06
Sheona Smee	44:35
Carol Debney	54:46
Ellie Locke	41:00
Kit Rapson	49:15
Sue Clayton - Drabble	40:00
Chris Wood	29:15
David Coates	35:15
Trevor Barnes	34:57

Fastest Times

	Mins	Secs	Mins
F Senior	34	31	34
F40	30	50	30
F45	38	11	38
F65	52	55	52
M Senior	26	51	26
M40	29	22	29
M45	31	13	31
M50	32	39	32
M55	30	27	30

Rugby 6M

	Mins	Secs	Race Total	Challenge Total				
1 Sue Clayton-Drabbl	F45	48	21	48	0.35	48.35	102.47	195.35
2 Richard Davies	SM	38	58	38	0.97	38.97	102.92	206.57
3 Madeleine Moutrie	F45	48	53	48	0.88	48.88	103.60	212.25
4 Heather Cooke	SF	41	53	41	0.88	41.88	114.85	217.99
5 Chris Wood	SM	34	32	34	0.53	34.53	106.94	218.00
6 Sarah Clark	SF	43	34	43	0.57	43.57	119.47	226.42
7 Brian Keers	M50	45	18	45	0.30	45.30	121.45	236.56
8 Andy Kirk	SM	38	33	38	0.55	38.55	121.61	242.34
One Race								
9 David Coates	M50				0	0.00	0.00	72.14
10 Sheona Smee	F50				0	0.00	0.00	93.92
11 Trevor Barnes	M55				0	0.00	0.00	95.97
12 Andy Pacey	M40				0	0.00	0.00	100.00
13 Kevin Reboul	M45				0	0.00	0.00	100.00
14 Simon Woodward	SM				0	0.00	0.00	110.99
15 Andy Hoare	M50	42		45	42	0.75	42.75	114.61
16 Ellie Lock	SF				0	0.00	0.00	117.43
17 David Jarrett	M50				0	0.00	0.00	118.79
18 Jonathan Gale	M40				0	0.00	0.00	123.67
19 Juliet Hanson	F45	59		21	59	0.35	59.35	125.79
20 Carol Debney	F65				0	0.00	0.00	130.90
21 David Morley	M40	42		33	42	0.55	42.55	134.23
22 Simon Peart	M40				0	0.00	0.00	135.87
23 Kit Rapson	F40				0	0.00	0.00	136.00
24 Thomas Schilling	M40	45		54	45	0.90	45.90	140.73
25 Justine Verwey	F40				0	0.00	0.00	154.65

Jokers

Chris Wood	34:29
Richard Davies	40:27

Fastest Times

	Mins	Secs	28 Mins	%		
F Senior	36					
F40	39		28	36	0.47	36.47
F45	47		11	39	0.47	39.47
F65	39		36	47	0.18	47.18
				39	0.60	39.60
M Senior	31		42			
M40	32		37	31	0.70	31.70
M45	36		9	32	0.62	32.62
M50	37		18	36	0.15	36.15
M55	38		15	37	0.30	37.30
M60	40		52	38	0.25	38.25
M65	44		58	40	0.87	40.87
				44	0.97	44.97

Blisworth 5K

	Mins	Secs	Race Total	Challenge Total	
1 Sarah Clark	SF	21	12	55.30	281.72
2 Sue Clayton-Drabbl	F45	23	51	108.33	303.68
3 Richard Davies	SM	19	16	106.1809	312.75
4 Chris Wood	SM	17	8	103.32	321.32
6 Heather Cooke	SF	20	52	103.64	321.63
7 Madeleine Moutrie	F45	24	6	109.46	321.71
9 Andy Kirk	SM	18	50	83.57	325.91
10 Brian Keers	M50	22	25	129.45	366.01

Two Races

11 Andy Pacey	M40	17	11	91.28	191.28
12 Kevin Reboul	M45	18	6	106.37	206.37
13 Sheona Smee	F50	25	41	116.65	210.58
14 Simon Woodward	SM	17	36	106.13	217.12
15 Ellie Lock	SF	24	1	119.29	236.72
16 Andy Hoare	M50	21	12	122.43	237.04
17 Jonathan Gale	M40	21	8	124.56	248.22
18 David Jarrett	M50	22	40	130.90	249.68
19 David Morley	M40	21	0	123.77	258.00
20 Thomas Schilling	M40	22	5	130.16	270.88
21 Simon Peart	M40	23	25	138.02	273.88
22 Kit Rapson	F40	29	5	139.38	274.49
23 Justine Verwey	F40	28	32	135.87	290.52

One Races

24 David Coates	M50			0.00	72.14
25 Trevor Barnes	M55			0.00	95.97
26 Nick Pacey	M45	17	1	100.00	100.00
27 Juliet Hanson	F45			0.00	125.79
28 Carol Debney	F65	31	42	0.00	130.90

Jokers

Sarah Clark	24:06
Ellie Lock	24:40
Kit Rapson	29:15
Justine Verwey	28:59
Sue Clayton-Drabbl	23:55
Sheona Smee	26:28
Richard Davies	20:04
David Morley	21:00
Brian Keers	22:43

Fastest Times

	Mins	Secs
F Senior	20	8
F40	21	0
F45	22	1
F60	19	23
M Senior	16	35
M40	16	58
M45	17	1
M50	17	19
M55	18	59
M60		
M65		