



Silson Joggers Winter Cup 2008/2009

Target times, race 5 (2.45 miles), 4 Mar 2009

		Points after 4 races	Target time, race 5 min sec
Mel	Bignell	500	17 57
Dave	Coates	438	15 3
Heather	Cooke	100	16 22
Jim	Darcy	460	14 22
Carole	Debney	650	24 31
John	Fowler	100	22 21
Trevor	George	280	17 22
Rob	Gillies	400	15 5
Ian	Gordon	350	17 36
Jeff	Haynes	500	13 52
Casey	Hill	326	17 27
Brian	Keers	390	16 31
Natasha	King	561	18 44
Dave	Lantsbery	352	16 52
Graham	Linnell	481	15 11
Allan	Lock	394	19 52
Warren	Marsh	300	16 30
Jo	Milner	300	19 55
Dave	Morley	350	17 31
Peter	Morris	300	17 3
Madeleine	Moutrie	493	18 42
Alex	O'Connor	100	17 44
Andy	Pacey	294	13 32
Len	Pannell	500	17 2
Richard	Pepper	400	19 10
Ashley	Phillips	200	14 53
Tom	Pomeroy	615	19 7
Kit	Rapson	300	23 12
Emma	Sambrook	610	20 15
Stewart	Shears	500	16 31
Andy	Taylor	200	14 46
Dan	Taylor	200	14 40
Claire	Todd	100	18 2
Jodie	Willis	200	14 52
Chris	Wood	100	14 0
Simon	Woodward	502	13 55
Matt	Wootton	375	14 28