



Silson Joggers Winter Cup 2008/2009

Target times, race 4 (1.6 miles approx), 4 Feb 2009

		Points after 3 races	Target time, race 4	
			min	sec
Mel	Bignell	400	11	14
Dave	Coates	438	9	31
Heather	Cooke	100	10	15
Jim	Darcy	300	9	5
Carole	Debney	400	16	30
John	Fowler	100	14	11
Trevor	George	100	11	7
Rob	Gillies	300	9	26
Ian	Gordon	100	11	56
Jeff	Haynes	400	8	46
Casey	Hill	100	11	42
Brian	Keers	390	10	20
Natasha	King	389	11	54
Dave	Lantsbery	200	10	34
Graham	Linnell	381	9	46
Allan	Lock	200	12	48
Warren	Marsh	200	10	20
Gill	Milner	300	14	55
Dave	Moley	100	11	50
Peter	Morris	300	10	40
Madeleine	Moutrie	393	11	42
Andy	Pacey	294	8	28
Len	Pannell	400	10	40
Richard	Pepper	300	11	60
Ashley	Phillips	100	9	19
Tom	Pomeroy	395	12	33
Kit	Rapson	200	15	29
Emma	Sambrook	400	13	10
Stewart	Shears	400	10	20
Andy	Taylor	200	9	22
Dan	Taylor	200	9	18
Claire	Todd	100	11	17
Jodie	Willis	100	9	26
Chris	Wood	100	8	46
Simon	Woodward	292	9	13
Matt	Wootton	375	9	8