

Silson Joggers AC
10k handicap, 30 April 2008

		Handicap	Finish time		Running time
Sandy	Moffat	3:00	53:37	1st Man	50:37
Ian	Haynes	5:30	56:33	2nd Man	51:03
Shirley	Williams	2:00	57:24	1st Lady	55:24
Natasha	King	5:30	57:49	2nd Lady	52:19
Madeleine	Moutrie	6:30	57:54	3rd Lady	51:24
Jim	Darcy	18:00	58:09	3rd Man	40:09
Richard	Popiel	15:00	58:17		43:17
Graham	Linnell	19:00	58:44		39:44
Simon	Woodward	22:30	59:08		36:38
Jody	Willis	17:30	59:11		41:41
Heather	Cook	15:00	59:24		44:24
Linda	Lytollis	16:00	59:39		43:39
Brian	Keers	12:30	59:48		47:18
Dave	Coates	18:00	60:08		42:08
Emma	Sambrook	4:00	60:22		56:22
Allan	Lock	5:30	60:58		54:28
Andy	Hoare	17:30	61:06		43:36

ES / 1 May 2008