

# SILVERSTONE 10km

## TOP TEN TIMES PER AGE GROUP (1992 to date)

### SENIOR MEN

1	29:26	Hillary Lelei	Mizuno Racing Club	15/05/2001
2	29:30	John Mutai	Bromsgrove & Redditch	11/05/1999
3	29:33	Rob Birchall	Birchfield Harriers	15/05/2001
4	29:37	Rob Birchall	Birchfield Harriers	07/05/2002
5	29:39	Will Levett	Vauxhall A C	07/05/2002
6	29:48	Erik Kiplagat	Mizuno Racing Club	28/04/1998
7	29:55	Gareth Deacon	Coventry Godiva	28/04/1998
8	29:56	John Mutai	Bromsgrove & Redditch	28/04/1998
9	29:57	Simon Kinson	Leamington C & A C	1995
10	30:00	M Cadman	Tipton Harriers	12/05/1992

### MEN UNDER 20

1	30:40	Moumin Geele	Leicester Coritanian	03/05/2005
2	32:37	Matthew Almond	Northampton Phoenix	27/04/2000
3	33:00	D De Paula	Scott Barder Harriers	10/05/1994
4	33:07	Oli Holden	Halesowen A C	03/05/2005
5	33:24	Ryan McKinlay	Highgate Harriers	02/05/2006
6	33:34	R Edwards	Kettering Town	1995
7	33:55	Ryan Kennedy	Leamington C & A C	03/05/2005
8=	34:34	Paul Dable	Leamington C & A C	11/05/1999
		Ryan Kenny	Coventry Godiva	08/05/2007
10	34:38	Simon Midwood	Hinckley Harriers	06/05/2003

### MEN VET 40+

1	31:17	Mike Fromant	Northampton Phoenix	11/05/1993
2	31:21	Mike Hagar	Kettering Town	12/05/1992
3	31:46	Mike Hagar	Midland Vets	11/05/1993
4	31:47	M Cadman	Birchfield Harriers	11/05/1993
5	32:00	Paul Gregory	Vale of Aylesbury	1995
6	32:08	Peter Barnes	Rugby & District	15/05/2001
7	32:12	Philip Critchlow	Beaumont Leys	06/05/2008
8	32:16	Kirk Clifford	Vale of Aylesbury	11/05/1993
9	32:23	D McLean	Coventry Godiva	1995
10=	32:27	Paul Gregory	Vale of Aylesbury	07/05/1996
		D McLean	Coventry Godiva	10/05/1994

### MEN VET 45+

1	32:14	G Stewart	Leamington C & A C	26/04/1997
2=	32:28	Paul Gregory	Vale of Aylesbury	07/05/2002
		C Hughes	Thames Hare & Hounds	1995
4	32:38	Gary Payne	George Eliot Striders	07/05/2002
5	32:42	Gary Payne	George Eliot Striders	05/05/2003
6	32:50	Brian Green	Oxford City A C	07/05/2002
7	32:52	M Hurd	Witney Road Runners	1995
8	32:59	Clive Rutland	Oxford City A C	12/05/1992
9	33:11	Rob Sheen	Leicester Coritanian	02/05/2006
10	33:12	Tim Hughes	White Horse Runners	07/05/2002

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## TOP TEN TIMES PER AGE GROUP (1992 to date)

### MEN VET 50+

1	32:37	Paul Gregory	Vale of Aylesbury	03/05/2005
2	33:22	Paul Gregory	Vale of Aylesbury	08/05/2007
3	33:32	Graham Patton	Massey Ferguson	11/05/1993
4	33:38	Mike Cadman	Bourneville Harriers	05/05/2009
5	33:46	Graham Patton	Massey Ferguson	12/05/1992
6=	33:57	Paul Kelly	Northbrook A C	07/05/2002
		Philip Carbutt	Bromsgrove & Redditch	02/05/2006
8	33:58	Garry Payne	George Elliot Striders	06/05/2008
9	34:13	Paul Kelly	Northbrook A C	15/05/2001
10	34:23	Graham Patton	Massey Ferguson	07/05/1996

### MEN VET 55+

1	34:40	Graham Patton	Massey Ferguson	11/05/1999
2	34:45	Tim Hughes	White Horse Harriers	06/05/2008
3	34:47	Graham Patton	Massey Ferguson	26/04/1997
4	34:58	Graham Patton	Massey Ferguson	27/04/2000
5	35:09	Paul Kelly	Northbrook A C	04/05/2004
6	35:35	Paul Kelly	Northbrook A C	03/05/2005
7	36:06	Alan DGLISH	Luton A C	03/05/2005
8	36:10	D Turner	Liverpool Harriers	10/05/1994
9=	36:24	Paul Kelly	Northbrook A C	06/05/2008
		Tim Hughes	White Horse Harriers	05/05/2009

### MEN VET 60+

1	35:06	Graham Patton	Massey Ferguson	07/05/2002
2	36:21	Graham Patton	Sphinx A C	03/05/2005
3	36:58	Graham Patton	Massey Ferguson	06/05/2003
4	37:21	Graham Patton	Sphinx A C	02/05/2006
5	37:30	Graham Patton	Sphinx A C	04/05/2004
6	37:44	Bob Statham	Coventry Godiva	03/05/2005
7	38:07	John Thomas	Corby A C	11/05/1999
8	38:48	Bob Statham	Coventry Godiva	02/05/2006
9	38:53	A Prose	Gosforth Harriers	1995
10	39:01	John Thomas	Corby A C	15/05/2001

### MEN VET 65+

1	38:14	Graham Patton	Spinx A C	06/05/2008
2	40:31	Bob Emmerson	Leamington C & A C	28/04/1998
3=	40:35	Bob Emmerson	Leamington C & A C	27/04/2000
		Bob Emmerson	Leamington C & A C	11/05/1999
5	41:34	Bob Peart	Wootton R R	26/04/1997
6	41:37	Bob Emmerson	Leamington C & A C	15/05/2001
7	42:13	Bob Emmerson	Leamington C & A C	07/05/2002
8	42:27	Ray Blackwell	Eastern Vets	07/05/1996
9	43:08	Brian Daniells	Milton Keynes A C	03/05/2005
10	43:14	John Thomas	Corby A C	02/05/2006

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## TOP TEN TIMES PER AGE GROUP (1992 to date)

### MEN VET 70+

1	38:16	M Rutter	Abingdon Amblers	12/05/1992
2	42:39	George Phipps	Leamington C & A C	07/05/1996
3	43:12	George Phipps	Leamington C & A C	28/04/1998
4	43:52	George Phipps	Leamington C & A C	11/05/1999
5	45:58	John Greenall	Marshall Milton Keynes	02/05/2006
6	47:35	John Ralph	Northbrook A C	05/05/2009
7	48:42	Ron Russell	Castle Point Joggers	06/05/2003
8	49:37	Bob Emmerson	Leamington C & A C	02/05/2006
9	50:09	William Billington	Bedford Harriers	06/05/2008
10	51:01	Bob Emmerson	Leamington C & A C	08/05/2007

### MEN VET 75+

1	50:58	Bob Emmerson	Leamington C & A C	06/05/2008
2	52:04	Bob Emmerson	Leamington C & A C	05/05/2009
3	64:13	Michael Morris	Kenilworth Runners	06/05/2008
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### SENIOR LADIES

1	33:25	Joanne Wilkinson	Bedford & County A C	08/05/2007
2	33:48	Joanne Wilkinson	Bedford & County A C	07/05/2002
3	34:29	Sue Reinsford	Bedford & County A C	11/05/1999
4	34:37	Nikki Slater	Witney R R	03/05/2005
5	34:40	Beth Eburne	Hinckley R C	08/05/2007
6	34:44	Sue Reinsford	Bedford & County A C	28/04/1998
7	34:47	E MacKenzie	Massey Ferguson	1995
8	34:55	Rita Quill	Milton Keynes A C	28/04/1998
9	35:00	Susie Bush	Aldershot Farnham & District	06/05/2008
10	35:09	Nicki Lee	Huncote Harriers	27/04/2000

### LADIES UNDER 20

1	36:22	Blue Haywood	Lincoln Wellington	05/05/2009
2	36:57	Natasha Peters	Bedford & County A C	08/05/2007
3	39:00	Amy Booth	Bedford & County A C	15/05/2001
4	39:30	Tanya Taylor	Marshall Milton Keynes	02/05/2006
5	39:32	Tanya Taylor	Marshall Milton Keynes	06/05/2008
6	39:53	F S Newton	Uppingham School	07/05/2002
7	40:00	Kerry Walker	Bedford & County A C	15/05/2001
8	40:07	Mairead Rocke	Corby A C	05/05/2009
9	40:23	Jenny Gray	Warwick University	06/05/2003
10	40:56	Natasha Peters	Bedford & County A C	02/05/2006

# SILVERSTONE 10km

## TOP TEN TIMES PER AGE GROUP (1992 to date)

### LADIES VET 35+

1	34:51	Kate Ramsey	Charnwood	02/05/2006
2	35:55	Steph Forrester	Unattached	03/05/2005
3	36:06	Nicki Nealon	Huncote Harriers	03/05/2005
4	36:10	Jude Craft	Headington Road Runners	06/05/2008
5	36:12	Kirsty Whigham	Wootton Road Runners	08/05/2007
6	36:25	Nicki Nealon	Huncote Harriers	08/05/2007
7	36:26	N Adkins	Birchfield Harriers	28/04/1998
8	36:53	Jackie Coulson	United Trades	26/04/1997
9	36:59	Jude Craft	Headington R R	05/05/2009
10	37:03	Allison Hirst	Headington R R	04/05/2004

### LADIES VET 40+

1	36:56	Allison Hirst	Headington Road Runners	02/05/2006
2	37:08	Nicki Nealon	Huncote Harriers	06/05/2008
3=	37:20	Linda Dewhurst	Milton Keynes A C	27/04/2000
		Jenny Gray	Luton A C	03/05/2005
5	37:24	Louise Day	Stamford Harriers	07/05/2002
6	37:47	Louise Day	Stamford Harriers	06/05/2003
7	37:48	Jenny Gray	Luton A C	04/05/2004
8	37:53	Diane Rogers	Wootton Road Runner	05/05/2009
9	37:59	Judith Meeten	Northampton Phoenix	1995
10	38:16	Sally Baker	Rugby & Northampton	06/05/2008

### LADIES VET 45+

1	38:40	Gail Duckworth	Leighton Buzzard A C	03/05/2005
2	39:55	Sheila Carey	Nuneaton Harriers	07/05/1996
3	40:32	L White	Solihull & Smallheath	28/04/1998
4	40:45	Annette Carlin	Rugby & Northampton	03/05/2005
5	41:19	Heather Fiddament-Harris	Rugby & Northampton	07/05/2002
6	41:21	Margaret Swithenby	Milton Keynes A C	1995
7	41:26	Doreen Phillips	Gloucester A C	28/04/1998
8	41:28	Doreen Phillips	Gloucester A C	26/04/1997
9	41:34	Sandra Wolanski	Headington Road Runners	06/05/2008
10	41:42	Sandra Wolanski	Headington Road Runners	08/05/2007

### LADIES VET 50+

1	39:18	Gail Duckworth	Leighton Buzzard A C	05/05/2009
2	39:28	Gail Duckworth	Leighton Buzzard A C	02/05/2006
3	39:53	Sheila Carey	Nuneaton Harriers	28/04/1998
4	40:58	J Beckford	Coventry Godiva	10/05/1994
5	41:14	Heather Fiddament-Harris	Unattached	06/05/2003
6	41:51	J Brawn	Northampton Phoenix	1995
7	41:54	Margaret Swithenby	Milton Keynes A C	27/04/2000
8	42:06	Doreen Phillips	Gloucester A C	11/05/1999
9	42:33	Margaret Swithenby	Milton Keynes A C	15/05/2001
10	42:56	Barbara Parkinson	Northampton Phoenix	11/05/1999

# SILVERSTONE 10km TOP TEN TIMES PER AGE GROUP (1992 to date)

## LADIES VET 55+

1	43:07	Rosemary Muston	Milton Keynes A C	06/05/2003
2	43:21	Barbara Parkinson	Rugby & Northampton	07/05/2002
3	44:16	D Tsakarisianos	Bourton R R	28/04/1998
4	44:49	Rosemary Muston	Milton Keynes A C	03/05/2005
5	46:18	Linda Carter	Rugby & Northampton	06/05/2008
6	46:29	Margaret de Winter	Dunstable Road Runners	06/05/2008
7	46:43	Margaret Crowe	Milton Keynes A C	07/05/2002
8	47:11	Chris Daniells	Milton Keynes A C	26/04/1997
9	47:17	Margaret Swithenby	Road Runners Club	02/05/2006
10	47:34	Sheila Taylor	Rugby & Northampton	07/05/2002

## LADIES VET 60+

1	40:13	Angela Copson	Rugby & Northampton	05/05/2009
2	48:39	Barbara Parkinson	Rugby & Northampton	05/05/2009
3	49:07	Chris Daniells	Milton Keynes A C	07/05/2002
4	49:34	Chris Daniells	Milton Keynes A C	15/05/2001
5	50:19	Sheila Taylor	Rugby & Northampton	02/05/2006
6	52:06	Sheila Taylor	Rugby & Northampton	03/05/2005
7	52:36	Sheila Taylor	Rugby & Northampton	04/05/2004
8	54:03	C A Morrison	Unattached	07/05/2002
9	54:15	Pauline Dable	Kenilworth R C	05/05/2009
10	55:24	Pamela Wilkes	Kenilworth R C	06/05/2003

## LADIES VET 65+

1	52:04	Chris Daniells	Marshall Milton Keynes	06/05/2008
2	52:19	Chris Daniells	Marshall Milton Keynes	08/05/2007
3	60:20	I Cornwell	Bedford Harriers	28/04/1998
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**SILVERSTONE 10km**  
**TOP TEN TIMES PER AGE GROUP (1992 to date)**

WHEELCHAIRS (1998 to date)

1	23:02	Brian Alldis	British Wheelchair Racing	06/05/2008
2	24:16	Brian Alldis	Bury Pacers	05/05/2009
3	24:37	Brian Alldis	British Wheelchair Racing	02/05/2006
4	25:13	Jason Gill	British Wheelchair Racing	02/05/2006
5	27:11	Jason Gill	West Cheshire	06/05/2008
6	27:54	Andrew Clark	British Wheelchair Racing	29/04/1998
7	28:04	Andy Cheek	British Wheelchair Racing	08/05/2007
8	28:30	Paul Rea	Unattached	08/05/2007
9	28:40	Paul Rea	Barnet & District	06/05/2008
10=	28:48	Andy Cheek Steve Williamson	British Wheelchair Racing Wakefield Harriers	06/05/2008 06/05/2008