



## Silson Joggers Winter Cup 2009/2010

### Results of Race 4, 1.62 miles, 31 March 2010

		Target time, Race 4		Actual time, Race 4	
		min	sec	min	sec
John	Adams	12	4	11	56
Heather	Cooke	10	50	11	6
Carol	Debney	15	27	16	47
Trevor	George	10	57	11	13
Natasha	King	11	34	12	23
Anna	Lawson			11	39
Allan	Lock	12	34	13	31
Dave	Morley	11	35	11	45
Alex	O'Connor	11	0	11	7
Len	Pannell	11	16	11	49
Ashley	Philips			10	28
Tom	Pomeroy	12	37	13	12
Kit	Rapson	13	42	14	28
Stewart	Shears	10	32	11	1
Dan	Taylor	9	31	9	21