



Silson Joggers Winter Cup 2009/2010

Results of Race 3, 2.37 miles, 20 January 2010

		Target time, Race 3*		Actual time, Race 3	
		min	sec	min	sec
John	Adams	18	19	18	20
Jennifer	Armstrong			22	13
Melanie	Bignell	17	50	18	10
Dave	Coates	14	28	15	12
Heather	Cooke	16	40	16	28
Jim	Darcy	13	40	14	5
Carol	Debney	23	56	23	29
Trevor	George	16	55	16	39
Juliet	Hanson	23	18	23	21
Olivia	Hill			21	44
Jo	Hover	18	22	19	0
Nigel	Jones	16	30	16	34
Billy	Jones			16	22
Natasha	King	18	17	17	35
Allan	Lock	19	27	19	6
Warren	Marsh			17	34
Sandy	Moffat			18	44
Dave	Morley			17	36
Madeleine	Moutrie	17	45	18	21
Alex	O'Connor	16	48	16	43
Len	Pannell	17	7	17	11
Tom	Pomeroy	19	54	19	10
Patrick	Pope			18	35
Kit	Rapson	20	34	21	10
Stewart	Shears	15	49	16	23
Claire	Todd			18	52
Shirley	Williams			21	18
Simon	Woodward	14	31	14	3

* The target times are based on a race distance for Race 3 of 2.37 miles and, where appropriate, a race distance for race 2 of 2.63 miles, though (in light of the results) I'm not entirely confident that these are accurate!