

	Blisworth 5k		Corby 5		Weedon 10k		W'boro 5		Blisworth 5M		Moulton 10k				League Points			
	Total	League Points	Total	League points	Total	League points	Total	League points	Total	League points	Total	League points	Overall Total	League points	Overall Total	League Points Total		
MALE																		
Rugby & Northampton	369	9	358	8.5	373	9	370	10	378	9.5	98	94	90	89	371	9	2219	55
Silson Joggers	380	10	327	5	374	10	350	8	359	8	96	95	93	88	372	10	2162	51
Wootton RR	361	7	359	10	355	7	344	7	378	9.5	100	97	86	83	366	8	2163	48.5
W&DAC	366	8	356	7	310	6	333	6	327	7	92	84	80	75	331	7	2023	41
Kettering TH			355	6	362	8	369	9	176	6	99	71	68	67	305	6	1567	35
Corby	69	5	358	8.5	128	4	323	5			91	82	59	41	273	5	1151	27.5
Northampton RR			250	4	204	5	180	4	119	4	37				37	3	790	20
Human Energy	85	6	106	3			58	1	141	5							390	15
Daventry RR	18	4	52	1	52	2	106	3	34	3	74	42			116	4	378	17
Team East Haddon			73	2	75	3	78	2									226	7
FEMALE																		
Wootton RR	293	10	273	9	294	10	269	7	294	10	98	83	75		256	6	1679	52
Rugby & Northampton	279	9	268	7	284	9	242	6	286	9	99	97	84		280	9	1639	49
W&DAC	262	7	269	8	260	7	278	9	264	8	95	94	92		281	10	1614	49
Silson Joggers	276	8	266	6	263	8	272	8	262	7	96	89	88		273	8	1612	45
Corby	90	6	294	10	245	6	289	10	70	4	93	86	81		260	7	1248	43
Northampton RR			225	5	120	5	203	5	203	5	100	62			162	5	913	25
Kettering TH			221	4	71	3	79	4	260	6	85				85	4	716	21
Daventry RR			85	3	86	4											171	7
Human Energy			84	2													84	2
COMBINED																		
Wootton RR	654	9	632	9	649	9	613	9	672	10	366	256			622	8	3842	54
Rugby & Northampton	648	8	626	8	657	10	612	7.5	664	9	371	280			651	10	3858	52.5
Silson Joggers	656	10	593	6	637	8	622	10	621	8	372	273			645	9	3774	51
W&DAC	628	7	625	7	570	7	611	6	591	7	331	281			612	7	3637	41
Corby	159	6	652	10	373	5	612	7.5	70		273	260			533	6	2399	34.5
Kettering TH			576	5	433	6	448	5	436	6	305	85			390	5	2283	27
Northampton RR			475	4	324	4	383	4	322	5	37	162			199	4	1703	21
Daventry RR	18	4	137	2	138	3	106	3	34	3	116				116	3	549	18
Human Energy	85	5	188	3			58	1	141	4							472	13
Team East Haddon			72	1	75	2	78	2									225	5

Men Open				Blisworth	Corby 5	Weedon	W'boro	Blisworth	Moulton	Best 5	
First Name	Last Name	Club	Category	5K	5	10k	5	5	10k	Best 5	
1	Jonathan	Goringe	Kettering TH	SM		97	99	98	100	99	493
2	Steve	Poole	Wootton Road Runners	M40	98	95		97	98	100	488
3	Luke	Robinson	Rugby & Northampton AC	MU20	100		98	95	99	94	486
4	Lazloe	Boden	Wootton Road Runners	M50	93	96	93	92	97	97	475
5	Andy	Pacey	Silson Joggers	M40	95		94	91	93	95	468
6	Chris	Wood	Silson Joggers	SM	97	87	97	88		96	465
7	Jon	Kemp	W&D AC	SM	82	77	79	83	88	92	424
8	Vincent	Carroll	Rugby & Northampton AC	M40	81	73	81		89	89	413
9	Kevin	Reboul	Silson Joggers	M45	83	74	76	77	85	88	409
10	Steve	Heighway	Wootton Road Runners	M40	79		77	79	87	86	408
11	Nick	Pacey	Silson Joggers	M45	99		95	90	95		379
12	Greg	Spellman	Rugby & Northampton AC	M45		94	92	93	96		375
13	Andy	Kirk	Silson Joggers	SM	77	67	71	73	80		368
14	Simon	Woodward	Silson Joggers	SM	89	83	88			93	353
15	Richard	Lack	Wootton Road Runners	M40	84	86	91		91		352
16	Terry	Egan	Rugby & Northampton AC	M50		81	82	85		90	338
17	Richard	Davies	Silson Joggers	SM	73	53	49	65		79	319
18	Thomas	Phelps	Silson Joggers	SM	72			75	82	87	316
19	David	Parkins	Wootton Road Runners	M45	80	68	78		83		309
20	Israel	Archuletta	W&D AC	SM	63	45	59	61		73	301
21	David	Green	Kettering TH	SM		100	100	100			300
22	Damian	Murphy	Wootton Road Runners	M50	74	65	72	76			287
23	Michael	Carrea	Wootton Road Runners	SM	67		64		74	78	283
24	Andrew	Redden	W&D AC	SM	43	32	58	72	78		283
25	Scott	Magee	Corby AC	M40	69	63	66			82	280
26	Ben	Malia	Rugby & Northampton AC	SM	94	90	87				271
27	Stewart	Shears	Silson Joggers	SM	55	49	37	57		70	268
28	Phil	West	Kettering TH	M40		88	90	89			267
29	Neal	Humphreys	Corby AC	SM		85		87		91	263
30	Cory	Tomkins	W&D AC	MU20	92	89	80				261
31	David	Morley	Silson Joggers	M40	50	29	47		62	69	257
32	Tony	Letts	Northampton RR	M40		80	83		90		253
33	Neil	McDonald	W&D AC	M50		50	60	64		75	249
34	Jonathon	Gale	Silson Joggers	M40	48	35	34	54	53	57	247
35	Neil	Glover	Rugby & Northampton AC	M55	64	54		60	69		247
36	Charles	Howard	Wootton Road Runners	SM	86	75	86				247
37	Dan	Taylor	Silson Joggers	SM	88	79	74				241
38	Pete	Diamond	Wootton Road Runners	M50	44	39	39	55	59		236
39	Jeff	Haynes	Silson Joggers	M55	75	69			86		230
40	Rodger	Bullen	W&D AC	M45				69	77	80	226
41	David	Jarrett	Silson Joggers	M50	37	21	23	51	51	63	225
42	Andy	Green	Team East Haddon	M45		72	70	78			220
43	Matthew	Brown	Wootton Road Runners	SM	62	47	45		65		219
44	Adrian	Busby	Wootton Road Runners	M40	66		65		73		204
45	Mark	Nicholls	Silson Joggers	M40	42	27	33	45		56	203
46	Chris	Curtis	Corby AC	SM		99		99			198
47	Stephen	Young	Wootton Road Runners	M40	54	42	40		60		196
48	Stuart	Nelson	Rugby & Northampton AC	SM				96		98	194
49	Paul	Birch	Rugby & Northampton AC	SM		93	96				189
50	Peter	Williams	W&D AC	SM	57		61	68			186
51	Terry	Toseland	W&D AC	M40		91		94			185
52	Neil	Barnett	W&D AC	SM	91	92					183
53	Francis	Hale	W&D AC	M40	96	84					180
54	Andrew	McKenna	W&D AC	SM	87		89				176
55	Tom	Elliff	Human Energy	SM	65	43			66		174
56	Michael	Dowdy	Wootton Road Runners	M50	28	1	6	39	49	49	171
57	Brendan	Moen	Rugby & Northampton AC	M40	85		84				169
58	James	Berry	W&D AC	SM					84	84	168
59	Jon	Wilkinson	Wootton Road Runners	SM	60	51	57				168
60	Richard	Fowler	Wootton Road Runners	M40		82	85				167
61	Robin	Frost	Wootton Road Runners	M40	31	3	7	37	46	46	167
62	Andy	Hoare	Silson Joggers	M50	47		12	47		61	167
63	Martin	Newton	W&D AC	SM	49	38	13			62	162
64	Simon	Tootell	Wootton Road Runners	SM					79	83	162
65	James	Darcy	Silson Joggers	M45		78		81			159
66	Neil	Martin	Rugby & Northampton AC	M50		7	8	41		51	155
67	John	Thomas	Corby AC	M70		20	25	50		59	154
68	Matthew	Smith	Kettering TH	SM		70		82			152
69	Allan	Griffiths	W&D AC	M40		34	18	18		72	142
70	Paul	Young	Kettering TH	M50			20	52		68	140
71	Troy	Garrity	Corby AC	SM		98				41	139
72	Terry	Allen	Wootton Road Runners	M40				62		76	138
73	Will	Raybold	Human Energy	M40		61			75		136
74	Lynnton	Dawson	Northampton RR	SM		64	68				132
75	Terry	Peters	Wootton Road Runners	M55		24	42	66			132
76	Mark	Fowler	Wootton Road Runners	SM	68	62					130
77	Steve	Adams	W&DAC	M55		16			55	58	129
78	Brian	Keers	Silson Joggers	M50	38	11		32		48	129
79	Tim	Ellwood	W&D AC	M40			62			66	128
80	Andrew	Hackett	Wootton Road Runners	SM	56				71		127
81	David	Hardcastle	Wootton Road Runners	M50	33			43	50		126

82	Kevin	Jeary	Wootton Road Runners	M50	53				72		125
83	Bill	Goadsby	Daventry Road Runners	M55	18		1	26	34	42	121
84	Mike	Farrow	W&D AC	M55					56	64	120
85	Phil	Nudds	Kettering TH	SM		55	63				118
86	Richard	Chaloner	Wootton Road Runners	SM	59					58	117
87	Ricgard	Franks	Northampton RR	M50			50	67			117
88	Sean	Gallagher	Kettering TH	SM		58		59			117
89	John	White	Wootton Road Runners	SM	76				41		117
90	John	Webb	Wootton Road Runners	SM	52				64		116
91	Deepesh	Patel	Wootton Road Runners	SM			48		67		115
92	David	Coates	Silson Joggers	M50		59	55				114
93	Graham	Hollowell	Wootton Road Runners	M45		56	56				112
94	Simon	Hobday	W&D AC	M50		57	54				111
95	Chris	Futhorpe	Wootton Road Runners	SM	45		21	40			106
96	Damon	Long	W&D AC	SM				46		60	106
97	John	Jeffreys	Wootton Road Runners	SM	41				63		104
98	Daniel	Clarke	Daventry Road Runners	SM		52	51				103
99	Ian	Robb	Corby AC	M50		40		63			103
100	Michael	Spencer	Silson Joggers	M50				49	54		103
101	Graham	Tee	Wootton Road Runners	M50	36		15		52		103
102	Paul	Glaister	Wootton Road Runners	M40	46		14	42			102
103	Robert	Burgess	Wootton Road Runners	M45			46			55	101
104	James	Lambert	Wootton Road Runners	SM			43		57		100
105	Steve	Milner	Rugby & Northampton AC	SM		66	32				98
106	Michael	Heap	Wootton Road Runners	M55					47	50	97
107	Liam	Ratcliffe	Rugby & Northampton AC	SM					94		94
108	Chris	Lazenby	Wootton Road Runners	SM					92		92
109	Guy	Travers	W&D AC	M40		48	44				92
110	Sam	Turnell	Rugby & Northampton AC	MU20	90						90
111	Ian	Mann	W&D AC	M45	14			30		45	89
112	John	San	Rugby & Northampton AC	SM				86			86
113	Joe	Horsley	Rugby & Northampton AC	M55	22	1	1	25	36		85
114	Brian	Summers	Rugby & Northampton AC	M40						85	85
115	Keith	Molloy	W&D AC	M40				84			84
116	Tim	Walsh	W&D AC	M50		13	17			54	84
117	Robin	Britten	Kettering TH	M45		12		36	33		81
118	Robert	Male	Rugby & Northampton AC	M17					81		81
119	Alan	Mould	Rugby & Northampton AC	M50						81	81
120	Darren	Weston	Daventry Road Runners	M40				80			80
121	Dom	Coleman	W&D AC	SM				33	45		78
122	Matthew	Wootton	Silson Joggers	SM	78						78
123	Stephen	Dixon	Rugby & Northampton AC	SM						77	77
124	Steven	Broom	Corby AC	MU20		76					76
125	David	Lazenby	Wootton Road Runners	SM					76		76
126	Simon	Douglas	Wootton Road Runners	SM			75				75
127	Alan	Hawkes	Corby AC	M50				74			74
128	Kemal	Mehmet	Kettering TH	M40		1	73				74
129	Keith	Moreman	Daventry Road Runners	M60						74	74
130	Richard	Baldwin	Wootton Road Runners	M45	27	1	9		35		72
131	Ronnie	Ambrose	Northampton RR	M45		15		56			71
132	Steve	Green	Kettering TH	SM						71	71
133	David	Kelly	W&D AC	M40				71			71
134	Guy	Peterson	Rugby & Northampton AC	M40		71					71
135	Andrew	Taylor	Silson Joggers	SM	71						71
136	Aaron	Lincoln	Rugby & Northampton AC	M40					70		70
137	Jay	Love	Rugby & Northampton AC	M40	70						70
138	Nathan	Sexon	W&D AC	M40				70			70
139	Neil	Willsher	Rugby & Northampton AC	SM			69				69
140	Ben	Green	W&D AC	M20					68		68
141	John	Vincent	Wootton Road Runners	M45	29				39		68
142	Gary	Zuboky	W&D AC	M50		30	38				68
143	Liam	Kirk	Kettering TH	MU20						67	67
144	Paul	Matthews	Wootton Road Runners	M40			67				67
145	Richard	Rose	Northampton RR	M60		1			29	37	67
146	Tony	Swindells	Wootton Road Runners	M55	25				42		67
147	Phil	Farley	W&D AC	M45		31	35				66
148	Edward	Bailey	Wootton Road Runners	SM						65	65
149	Chris	Jones	W&D AC	SM				23	39		62
150	Nigel	Taylor	Corby AC	M45		26	36				62
151	James	Myhill	Rugby & Northampton AC	SM					61		61
152	Nathan	Smith	Rugby & Northampton AC	SM	61						61
153	Gary	McDaniels	Northampton RR	M40		60					60
154	Paul	Bramley	Rugby & Northampton AC	M50	21				38		59
155	Russ	Dickerson	Rugby & Northampton AC	M40	15					44	59
156	Paul	Harrison	Wootton Road Runners	SM	58						58
157	Eamon	Kennedy	W&D AC	M45			1	19		38	58
158	Paul	Smart	Human Energy	M50				58			58
159	Andrew	Manning	W&D AC	M45		1	1	17		36	55
160	Adam	Sonn	Kettering TH	SM		2				52	54
161	Mick	Galloway	Corby AC	M40				53			53
162	Paul	Morrow	Kettering TH	M40						53	53
163	Phillip	Wood	Wootton Road Runners	SM			53				53
164	Drew	Sheffield	Wootton Road Runners	SM			52				52

165	Roger	Taylor	Silson Joggers	M40		5			47	52
166	Martin	Fowler	Wootton Road Runners	M55	51					51
167	Ian	Townshend	Wootton Road Runners	M45	32	9	10			51
168	Peter	Goringe	Kettering TH	M50		23	26			49
169	Anthony	Poncia	Kettering TH	SM		22	27			49
170	Stephen	Atkinson	Wootton Road Runners	M40				48		48
171	John	Fleming	Northampton RR	M40		46				46
172	Robert	Giles	W&D AC	M50				44		44
173	Andrew	Grabbitas	Rugby & Northampton AC	M55					44	44
174	Gerald	O'Keefe	Corby AC	M50		44				44
175	Cary	Rigler	Wootton Road Runners	M50			4		40	44
176	Graham	Bayes	W&D AC	M60					43	43
177	David	Davies	Wootton Road Runners	M55	35	8				43
178	David	Hanwell	Kettering TH	M60					43	43
179	Trevor	Barnes	Silson Joggers	M55			41			41
180	James	Cameron	Wootton Road Runners	M55	13				28	41
181	Tony	Hale	W&D AC	M55		17	24			41
182	Mark	Kennedy	Northampton RR	SM		41				41
183	Colin	Harris	W&D AC	M40		18	22			40
184	Amos	Hill	W&D AC	M40					40	40
185	Les	Rolfe	W&D AC	M50	40					40
186	Thomas	Schilling	Silson Joggers	M40	39					39
187	Keith	Lock	W&D AC	SM				38		38
188	Peter	Moor	Northampton RR	SM		37				37
189	Robert	Ward	Wootton Road Runners	M40					37	37
190	Paul	Marlow	Kettering TH	M45		36				36
191	Simon	Peart	Silson Joggers	M40	30	6				36
192	David	Eaton	Corby AC	M50		19	16			35
193	Jason	Sheridan	W&D AC	SM				35		35
194	Matthew	Dale	Wootton Road Runners	SM				34		34
195	Thom	McKiernan	W&D AC	SM	34					34
196	Mark	Bland	Corby AC	M45		33				33
197	Mick	Clarke	Northampton RR	M70			3	29		32
198	Andy	Davidson	Wootton Road Runners	M45					32	32
199	Steve	Borondy	Wootton Road Runners	M45			31			31
200	Martin	Lewis	Wootton Road Runners	M50					31	31
201	Seam	Male	W&D AC	SM				31		31
202	Ian	Evetts	Wootton Road Runners	M40					30	30
203	Kevin	Lewis	W&D AC	M50			30			30
204	Christopher	Knight	Wootton Road Runners	M40			29			29
205	Darren	Byfield	Northampton RR	M40				28		28
206	Paul	Mottram	Corby AC	M45		28				28
207	Mark	Pearson	Kettering TH	M40			28			28
208	Andrey	Starcevic	Wootton Road Runners	M50				27		27
209	Gareth	Jones	Wootton Road Runners	SM	26					26
210	John	Cummings	Corby AC	SM		1		24		25
211	Wayne	Hackett	Silson Joggers	SM		25				25
212	Christopher	Nunn	W&D AC	M40	24					24
213	Paul	Flecknoe	Wootton Road Runners	SM	23					23
214	Brent	Perkins	Wootton Road Runners	M50				22		22
215	Barry	Collins	W&D AC	M50				21		21
216	Andrew	Cooke	Human Energy	M45	20	1				21
217	Alan	Davies	Corby AC	SM				20		20
218	Michael	Kendall	Wootton Road Runners	M55			19			19
219	Michael	Wood	Wootton Road Runners	M60	19					19
220	Guy	Glennon	Wootton Road Runners	M45	17					17
221	Michael	Young	Wootton Road Runners	SM	16					16
222	Nick	McHugh	W&D AC	SM		14				14
223	Jon	Wright	Rugby & Northampton AC	M50	12	1				13
224	Steve	Marsh	Wootton Road Runners	M50			11			11
225	Alan	Gray	Silson Joggers	M40		10				10
226	Sam	Cortese	Team East Haddon	M50		1	5			6
227	David	Blackburn	Northampton RR	M50		4				4
228	Tony	Kennedy	Northampton RR	M45			2			2
229	Sandy	Moffat	Silson Joggers	M50		1	1			2
230	Adrian	Spicer	W&D AC	M40		1	1			2
231	James	Anderson	Northampton RR	M40		1				1
232	Gareth	Barkley	Kettering TH	SM		1				1
233	Colin	Bricher	Northampton RR	M60		1				1
234	Mark	Exely	Wootton Road Runners	M45		1				1
235	Brian	Farrar	Corby AC	M60			1			1
236	Tim	Hulett	Silson Joggers	M60			1			1
237	Allan	Lock	Silson Joggers	M65		1				1
238	Brian	Malin	Rugby & Northampton AC	M50			1			1
239	Stephen	Milkins	Corby AC	M55		1				1
240	Paul	Mortimer	Corby AC	M40		1				1
241	Ben	Mullaney	W&D AC	SM			1			1
242	John	Oliver	Northampton RR	M45			1			1
243	David	Solomon	Northampton RR	M55		1				1
244	Daniel	Van der Putten	Human Energy	M60		1				1
Female Open										
1	Angela	Copson	Rugby & Northampton AC	F60	99	100	100	94	99	492

2	Heather	Cooke	Silson Joggers	SF	96	95	95	97	93		476
3	Natasha	Wain	W&D AC	F35	92	92	88	94	90	95	463
4	Sarah	Clark	Silson Joggers	SF	94	91	89	92		96	462
5	Kelly	Burn	W&D AC	SF	89	88	87	91	88		443
6	Louise	Kemp	W&D AC	SF	72	77	82	85	85	91	420
7	Madeleine	Moutrie	Silson Joggers	F45	75	79	75	83	80	87	404
8	Morag	Larsen	Wootton Road Runners	SF			98	99	96	98	391
9	Margaret	Mulholland	Corby AC	F40	90	90		95		93	368
10	Emma	Murphy	W&D AC	F35		87	85	93		92	357
11	Jacqueline	Mildred	Wootton Road Runners	F35	85	83	84		84		336
12	Amanda	Marlow	Kettering TH	F40		68	71	79	78		296
13	Sheona	Smee	Silson Joggers	F50	61		74	78		82	295
14	Barbara	Willison	Wootton Road Runners	F40	95	96	97				288
15	Daisy	Melville	Rugby & Northampton AC	F35			93		95	97	285
16	Deana	Loveridge	Wootton Road Runners	F40	69	63	67		81		280
17	Vicky	Parsons	Wootton Road Runners	F35	93	94	92				279
18	Lee	Clayson	Wootton Road Runners	F45	91			90	92		273
19	Gillian	Brightwell	W&D AC	F50		54	68	77	71		270
20	Bryna	Holmes	W&D AC	SF		89		86		94	269
21	Nicola	Durose	Rugby & Northampton AC	F35		51	52		69	84	256
22	Lisa	Johnson	Rugby & Northampton AC	F40	59	56	69		67		251
23	Louise	Birkett-Swan	Wootton Road Runners	F35	76		83		87		246
24	Deborah	Galletta	Corby AC	F45		75	81			86	242
25	Sue	Clayton-Drabble	Silson Joggers	F45	79	78	79				236
26	Michelle	Fryatt	Wootton Road Runners	F35				80	73	83	236
27	Mel	Bignell	Silson Joggers	F50		69	78			88	235
28	Karen	Spellman	Rugby & Northampton AC	F40			74	81	77		232
29	Karen	Tomkins	W&D AC	SF	81	71	80				232
30	Stacey	Pywell	W&D AC	SF	56	46	44	74			220
31	Tracey	Shepherd	Corby AC	F40			65		70	81	216
32	Maria	Hollis	W&D AC	SF	43		41	58		64	206
33	Laura	Burton	W&D AC	SF	66	66	66				198
34	Victoria	Knight	Wootton Road Runners	SF	98				98		196
35	Hayley	Veasey	Corby AC	F35		98		98			196
36	Maxine	Hill	Wootton Road Runners	F35		61		70	63		194
37	Trudi	Pike	Corby AC	F40		97	94				191
38	Michelle	Barnett	W&D AC	F35	55			71	62		188
39	Justine	Keech	W&D AC	F35				89		90	179
40	Elizabeth	Orchard	W&D AC	SF				87	86		173
41	Victoria	Davies	Daventry Road Runners	SF		85	86				171
42	Sally	Hewitt	W&D AC	F55	49		47			71	167
43	Tricia	Gamer	Rugby & Northampton AC	F50	83	82					165
44	Amanda	Allen	W&D AC	F45		45	53		66		164
45	Fiona	Kinder	Wootton Road Runners	F45		50	50		64		164
46	Alison	Moxley	Kettering TH	F35		81			83		164
47	Carol	Debney	Silson Joggers	F60	45			60	58		163
48	Ellie	Lock	Silson Joggers	SF	78	80					158
49	Elaine	Dawes	W&D AC	F45		73		84			157
50	Barbara	Parkinson	Rugby & Northampton AC	F60			76			79	155
51	Heather	Burgess	W&D AC	F40	47		42	65			154
52	Josie	Granger	Northampton RR	F45		70		82			152
53	Irina	Lewis	Wootton Road Runners	F45			72		74		146
54	Catherine	Riley	Wootton Road Runners	F40	67				79		146
55	Sarah	Grove	W&D AC	F35				72		73	145
56	Emma	Baross	Wootton Road Runners	F35	73				68		141
57	Andrea	Collingwood	Wootton Road Runners	F35	63				76		139
58	Pam	Larham	Wootton Road Runners	F45	64				75		139
59	Kerry	Howard	W&D AC	F35				68		70	138
60	Lorraine	Kirk	W&D AC	SF	60					78	138
61	Laura	Norman	Wootton Road Runners	SF	71	67					138
62	Sarah	Coward	W&D AC	F40			59			76	135
63	Faith	Button	Wootton Road Runners	F35	68	65					133
64	Joanne	James	Wootton Road Runners	SF	58				72		130
65	Justine	Verwey	Silson Joggers	F40	54					74	128
66	Samantha	Clarke	W&D AC	F35	62	64					126
67	Sarah	Warden	Wootton Road Runners	F45		60	61				121
68	Claire	Lambert	Wootton Road Runners	SF			55		65		120
69	Mary	Kingsworth	Northampton RR	F55		58	58				116
70	Claire	McDaid	Northampton RR	F35		52	62				114
71	Gay	Tresler	Rugby & Northampton AC	F60		53	56				109
72	Joanna	Cummings	Northampton RR	F35		47			61		108
73	Theresa	Clark	W&D AC	F50		49	57				106
74	Ann	Dickson	Northampton RR	F60		40		64			104
75	Kirsty	Gallagher	Wootton Road Runners	F35					100		100
76	Marie	Jesson	Northampton RR	F35						100	100
77	Jasmine	Lowdon	Wootton Road Runners	SF	100						100
78	Jo	Pulsford	Rugby & Northampton AC	SF				100			100
79	Julie	Dixon	Wootton Road Runners	F40			99				99
80	Rebecca	Hall	Corby AC	SF		99					99
81	Helen	Rollins	Kettering TH	SF					99		99
82	Ali	Cooper	Rugby & Northampton AC	F35	98						98
83	Melanie	Wood	Rugby & Northampton AC	F20					97		97
84	Kym	Wheeler	Corby AC	F45				96			96

				Blisworth Corby 5 Weedon W'boro Blisworth Moulton							
Male 40				5k	5	10k	5	5	10k	Best 5	
1	Steve	Poole	Wootton Road Runners	M40	49	50		50	50	50	249
2	Andy	Pacey	Silson Joggers	M40	47		50	47	47	49	240
3	Vincent	Carroll	Rugby & Northampton AC	M40	43	40	42		44	47	216
4	Kevin	Reboul	Silson Joggers	M45	44	41	39	38	41	46	211
5	Greg	Spellman	Rugby & Northampton AC	M45		49	48	48	49		194
6	Nick	Pacey	Silson Joggers	M45	50		49	46	48		193
7	Richard	Lack	Wootton Road Runners	M40	45	46	47		46		184
8	Steve	Heighway	Wootton Road Runners	M40	41		40		42	45	168
9	David	Morley	Silson Joggers	M40	36	25	31		35	39	166
10	Jonathon	Gale	Silson Joggers	M40	35	29	25	32	32	37	165
11	David	Parkins	Wootton Road Runners	M45	42	37	41		40		160
12	Scott	Magee	Corby AC	M40	39	36	35			43	153
13	Mark	Nicholls	Silson Joggers	M40	33	23	24	29		36	145
14	Phil	West	Kettering TH	M40		47	46	45			138
15	Robin	Frost	Wootton Road Runners	M40	30	15	15	27	31	33	136
16	Jon	Kemp	W&D AC	M40				42	43	48	133
17	Tony	Letts	Northampton RR	M40		43	43		45		131
18	Stephen	Young	Wootton Road Runners	M40	37	30	28		34		129
19	Rodger	Bullen	W&D AC	M45				35	39	42	116
20	Andy	Green	Team East Haddon	M45		39	37	39			115
21	Adrian	Busby	Wootton Road Runners	M40	38		34		37		109
22	Allan	Griffiths	W&D AC	M40		28	19	22		40	109
23	Terry	Toseland	W&D AC	M40		48		49			97
24	Francis	Hale	W&D AC	M40	48	45					93
25	Brendan	Moen	Rugby & Northampton AC	M40	46		44				90
26	Richard	Fowler	Wootton Road Runners	M40		44	45				89
27	Richard	Baldwin	Wootton Road Runners	M45	27	12	16		28		83
28	James	Darcy	Silson Joggers	M45		42		41			83
29	Paul	Glaister	Wootton Road Runners	M40	34		18	28			80
30	Ian	Mann	W&D AC	M45	22			25		32	79
31	Terry	Allen	Wootton Road Runners	M40				34		41	75
32	Will	Raybould	Human Energy	M40		35			38		73
33	Tim	Ellwood	W&D AC	M40			33			38	71
34	Andrew	Manning	W&D AC	M45		7	11	21		28	67
35	Graham	Hollowell	Wootton Road Runners	M45		33	32				65
36	Eamon	Kennedy	W&D AC	M45			13	23		29	65
37	Ian	Townshend	Wootton Road Runners	M45	31	17	17				65
38	Guy	Travers	W&D AC	M40		32	29				61
39	John	Vincent	Wootton Road Runners	M45	28				30		58
40	Russ	Dickerson	Rugby & Northampton AC	M40	23					31	54
41	Ronnie	Ambrose	Northampton RR	M45		20		33			53
42	Phil	Farley	W&D AC	M45		26	26				52
43	Kemal	Mehmet	Kettering TH	M40		13	38				51
44	Roger	Taylor	Silson Joggers	M40		16				34	50
45	Nigel	Taylor	Corby AC	M45		22	27				49
46	Robin	Britten	Kettering TH	M45		19		26			45
47	Brian	Summers	Rugby & Northampton AC	M40						44	44
48	Chris	Wood	Silson Joggers	M40				44			44
49	Keith	Molloy	W&D AC	M40				43			43
50	Colin	Harris	W&D AC	M40		21	20				41
51	Jay	Love	Rugby & Northampton AC	M40	40						40
52	Darren	Weston	Daventry RR	M40				40			40
53	Guy	Peterson	Rugby & Northampton AC	M40		38					38
54	David	Kelly	W&D AC	M40				37			37
55	Andrew	Cooke	Human Energy	M45	25	11					36
56	Aaron	Lincoln	Rugby & Northampton AC	M40					36		36
57	Paul	Matthews	Wootton Road Runners	M40			36				36
58	Nathan	Sexon	W&D AC	M40				36			36
59	Paul	Morrow	Kettering TH	M40						35	35
60	Gary	McDaniels	Northampton RR	M40		34					34
61	Michael	Spencer	Silson Joggers	M45					33		33
62	Thomas	Schilling	Silson Joggers	M40	32						32
63	John	Fleming	Northampton RR	M40		31					31
64	Mick	Galloway	Corby AC	M40				31			31
65	Stephen	Atkinson	Wootton Road Runners	M40				30			30
66	Robert	Burgess	Wootton Road Runners	M45			30				30
67	Amos	Hill	W&D AC	M40						30	30
68	Simon	Pearl	Silson Joggers	M40	29						29
69	Robert	Ward	Wootton Road Runners	M40					29		29
70	Mark	Bland	Corby AC	M45		27					27
71	Andy	Davidson	Wootton Road Runners	M45					27		27
72	Ian	Evetts	Wootton Road Runners	M40					26		26
73	Christopher	Nunn	W&D AC	M40	26						26
74	Darren	Byfield	Northampton RR	M40				24			24
75	Guy	Glennon	Wootton Road Runners	M45	24						24
76	Paul	Mottram	Corby AC	M45		24					24
77	Steve	Borondy	Wootton Road Runners	M45			23				23

78	Christopher	Knight	Wootton Road Runners	M40							22	22
79	Mark	Pearson	Kettering TH	M40							21	21
80	Adrian	Spicer	W&D AC	M40		8					12	20
81	Allan	Gray	Silson Joggers	M40		18						18
82	Mark	Exely	Wootton Road Runners	M45		14						14
83	Tony	Kennedy	Northampton RR	M45				14				14
84	James	Anderson	Northampton RR	M40		10						10
85	John	Oliver	Northampton RR	M45				10				10
86	Paul	Mortimer	Corby AC	M40		9						9

Male 50

1	Lazloe	Boden	Wootton Road Runners	M50	50	50	50	50	50	50		250
2	Pete	Diamond	Wootton Road Runners	M50	43	40	41	40	46			210
3	David	Jarrett	Silson Joggers	M50	40	36	35	38	42	43		199
4	Terry	Egan	Rugby & Northampton AC	M50		49	49	49		49		196
5	Damian	Murphy	Wootton Road Runners	M50	48	47	48	48				191
6	Neil	McDonald	W&D AC	M50		43	47	44		47		181
7	Neil	Glover	Rugby & Northampton AC	M55	47	44		42	47			180
8	Michael	Dowdy	Wootton Road Runners	M50	36	25	26	33	40	35		170
9	Andy	Hoare	Silson Joggers	M50	44		29	35		42		150
10	John	Thomas	Corby AC	M70		35	37	37		41		150
11	Jeff	Haynes	Silson Joggers	M55	49	48			49			146
12	Joe	Horsley	Rugby & Northampton AC	M55	43	23	20	28	32			146
13	Bill	Goadsby	Daventry Road Runners	M55	31		21	29	31	32		144
14	Brian	Keers	Silson Joggers	M50	41	30		32		34		137
15	Neil	Martin	Rugby & Northampton AC	M50		28	27		39	37		131
16	Terry	Peters	Wootton Road Runners	M55		38	43	45				126
17	Paul	Young	Kettering TH	M50			34	39		45		118
18	Steve	Adams	W&D AC	M55		32			44	40		116
19	Graham	Tee	Wootton Road Runners	M50	39		30		43			112
20	Tim	Walsh	W&D AC	M50		31	32			38		101
21	Kevin	Jeary	Wootton Road Runners	M50	46				48			94
22	David	Coates	Silson Joggers	M50		46	46					92
23	Richard	Franks	Northampton RR	M50			44	46				90
24	Simon	Hobday	W&D AC	M50		45	45					90
25	Mike	Farrow	W&D AC	M55					45	44		89
26	Ian	Robb	Corby AC	M50		41		43				84
27	Gary	Zuboky	W&D AC	M50		39	40					79
28	David	Hardcastle	Wootton Road Runners	M50	37				41			78
29	Richard	Rose	Northampton RR	M60		18			28	30		76
30	Peter	Goringe	Kettering TH	M50		37	38					75
31	Michael	Heap	Wootton Road Runners	M55					38	36		74
32	Tony	Swindells	Wootton Road Runners	M55	35				35			70
33	Tony	Hale	W&D AC	M55		33	36					69
34	David	Davies	Wootton Road Runners	M55	38	29						67
35	Paul	Bramley	Rugby & Northampton AC	M50	33				33			66
36	David	Eaton	Corby AC	M50		34	31					65
37	Cary	Rigler	Wootton Road Runners	M50			24		34			58
38	James	Cameron	Wootton Road Runners	M55	30				27			57
39	Mick	Clarke	Northampton RR	M70			23	31				54
40	Colin	Bricher	Northampton RR	M60		21			30			51
41	Samantha	Cortese	Team East Haddon	M50		26	25					51
42	Alan	Mould	Rugby & Northampton AC	M50						48		48
43	Alan	Hawkes	Corby AC	M50				47				47
44	Keith	Moreman	Daventry Road Runners	M60						46		46
45	Martin	Fowler	Wootton Road Runners	M55	45							45
46	Jon	Wright	Rugby & Northampton AC	M50	29	16						45
47	Trevor	Barnes	Silson Joggers	M55			42					42
48	Gerald	O'Keeffe	Corby AC	M50		42						42
49	Les	Rolfe	W&D AC	M50	42							42
50	Paul	Smart	Human Energy	M50				41				41
51	Alan	Burgess	Northampton RR	M50						39		39
52	Kevin	Lewis	W&D AC	M50			39					39
53	Andrew	Grabbitas	Rugby & Northampton AC	M55					37			37
54	Sandy	Moffat	Silson Joggers	M50		19	18					37
55	David	Hanwell	Kettering TH	M60					36			36
56	Michael	Spencer	Silson Joggers	M50					36			36
57	Robert	Gilks	W&D AC	M50				34				34
58	Graham	Bayes	W&D AC	M60						33		33
59	Michael	Kendall	Wootton Road Runners	M55			33					33
60	Michael	Wood	Wootton Road Runners	M60	32							32
61	Roger	Garrity	Corby AC	M60						31		31
62	Andrew	Starcevic	Wootton Road Runners	M50				30				30
63	Martin	Lewis	Wootton Road Runners	M50					29			29
64	Steve	Marsh	Wootton Road Runners	M50			28					28
65	David	Blackburn	Northampton RR	M50		27						27
66	John	Cummins	Corby AC	M50					27			27
67	Brent	Perkins	Wootton Road Runners	M50					26			26
68	Barry	Collins	W&D AC	M50					25			25

69	Allan	Lock	Silson Joggers	M65	24						24
70	Brian	Malin	Rugby & Northampton AC	M50		22					22
71	Daniel	Van der Putten	Human Energy	M60	22						22
72	David	Solomon	Northampton RR	M55	20						20
73	Brian	Farrar	Corby AC	M60			19				19
74	Tim	Hulett	Silson Joggers	M60			17				17
75	Stephen	Milkins	Corby AC	M55	17						17
76	Jeremy	Wise	Kettering TH	M50	15						15

Female 35

1	Natasha	Wain	W&D AC	F35	47	46	45	48	48	48	237
2	Margaret	Mulholland	Corby AC	F40	46	45		49		47	187
3	Emma	Murphy	W&D AC	F35		44	44	47		46	181
4	Jacqueline	Mildred	Wootton Road Runners	F35	44	43	43		45		175
5	Amanda	Marlow	Kettering TH	F40		41	39	42	41		163
6	Deana	Loveridge	Wootton Road Runners	F40	39	39	36		43		157
7	Barbara	Willison	Wootton Road Runners	F40	49	48	49				146
8	Vicky	Parsons	Wootton Road Runners	F35	48	47	47				142
9	Nicola	Durose	Rugby & Northampton AC	F35		33	29		36	42	140
10	Lisa	Johnson	Rugby & Northampton AC	F40	33	36	37		34		140
11	Louise	Birkett-Swan	Wootton Road Runners	F35	41		42		46		129
12	Karen	Spellman	Rugby & Northampton AC	F40			40	44	40		124
13	Tracey	Shepherd	Corby AC	F40			35		37	41	113
14	Maxine	Hill	Wootton Road Runners	F35		37		39	33		109
15	Michelle	Barnett	W&D AC	F35	32			40	32		104
16	Hayley	Veasey	Corby AC	F35		50		50			100
17	Daisy	Melville	Rugby & Northampton AC	F35					49	49	98
18	Trudi	Pike	Corby AC	F40		49	48				97
19	Kelly	Burn	W&D AC	F35				46	47		93
20	Justine	Keech	W&D AC	F35				45		45	90
21	Heather	Burgess	W&D AC	F40	27		25	37			89
22	Alison	Moxley	Kettering TH	F35		42			44		86
23	Michelle	Fryatt	Wootton Road Runners	F35				43	38		81
24	Sarah	Grove	W&D AC	F35				41		38	79
25	Catherine	Riley	Wootton Road Runners	F40	37				42		79
26	Faith	Button	Wootton Road Runners	F35	38	40					78
27	Emma	Baross	Wootton Road Runners	F35	40				35		75
28	Andrea	Collingwood	Wootton Road Runners	F35	35				39		74
29	Kerry	Howard	W&D AC	F35				38		36	74
30	Samantha	Clarke	W&D AC	F35	34	38					72
31	Sarah	Coward	W&D AC	F40			31			40	71
32	Justine	Verwey	Silson Joggers	F40	31					39	70
33	Claire	McDaid	Northampton RR	F35		34	34				68
34	Joanna	Cummings	Northampton RR	F35		32			31		63
35	Kit	Rapson	Silson Joggers	F40	30		26				56
36	Ali	Cooper	Rugby & Northampton AC	F35	50						50
37	Julie	Dixon	Wootton Road Runners	F40			50				50
38	Kirsty	Gallagher	Wootton Road Runners	F35					50		50
39	Maree	Jesson	Rugby & Northampton AC	F35						50	50
40	Annette	Burgess	Wootton Road Runners	F40			46				46
41	Diane	Rogers	Wootton Road Runners	F40	45						45
42	Natasha	King	Silson Joggers	F35						44	44
43	Jo	Love	Rugby & Northampton AC	F35	43						43
44	Amanda	Morrow	Kettering TH	F35						43	43
45	Neasa	Harmon	Wootton Road Runners	F35	42						42
46	Karen	Mehew	W&D AC	F40			41				41
47	Jeanette	Vango	Corby AC	F40			38				38
48	Joanne	Edwards	W&D AC	F35						37	37
49	Zoe	Hemsley	Wootton Road Runners	F35	36						36
50	Emma	Straker	W&D AC	F35				36			36
51	Terri	Davison	Northampton RR	F35						35	35
52	Hayley	Hardie	W&D AC	F35						35	35
53	Keren	Irving	Northampton RR	F35				35			35
54	Elaine	Palmer	Northampton RR	F40		35					35
55	Evelyn	Donoghue	W&D AC	F40			33				33
56	Hannah	Goves	Wootton Road Runners	F35			32				32
57	Kate	Herd	Corby AC	F40		31					31
58	Sarah	Elliott	Rugby & Northampton AC	F40			30				30
59	Julie	English	Corby AC	F35		30					30
60	Claire	O'Reilly	Silson Joggers	F35	29						29
61	Deborah	Vincent	Wootton Road Runners	F40	28						28
62	Susan	Walden	Rugby & Northampton AC	F40			28				28
63	Hayley	Frasier	Wootton Road Runners	F35			27				27

Female 45

1	Angela	Copson	Rugby & Northampton AC	F60	50	50	50		50	50	250
2	Madeleine	Moutrie	Silson Joggers	F45	46	47	44	46	47	48	234
3	Sheona	Smee	Silson Joggers	F50	42		43	44		45	174
4	Gillian	Brightwell	W&D AC	F50		36	41	43	44		164

5	Carol	Debney	Silson Joggers	F60	38			37	39	39	153
6	Lee	Clayson	Wootton Road Runners	F45	49			49	49		147
7	Sue	Clayton-Drabble	Silson Joggers	F45	47	46	47				140
8	Deborah	Galletta	Corby AC	F45		44	48			47	139
9	Mel	Bignell	Silson Joggers	F50		41	46			49	136
10	Sally	Hewitt	W&D AC	F55	40		33			42	115
11	Fiona	Kinder	Wootton Road Runners	F45		34	35		42		111
12	Amanda	Allen	W&D AC	F45		31	36		43		110
13	Tricia	Gamer	Rugby & Northampton AC	F50	48	48					96
14	Antoinette	Kiely	Wootton Road Runners	F45	45		49				94
15	Sharon	McHarg	Corby AC	F45				48	45		93
16	Elaine	Dawes	W&D AC	F45		43		47			90
17	Pam	Larham	Wootton Road Runners	F45	43				46		89
18	Barbara	Parkinson	Rugby & Northampton AC	F60			45			43	88
19	Josie	Granger	Northampton RR	F45		42		45			87
20	Mandy	Crabb	W&D AC	F45				41		40	81
21	Sarah	Warden	Wootton Road Runners	F45		39	40				79
22	Mary	Kingsnorth	Northampton RR	F55		37	39				76
23	Gay	Tresler	Rugby & Northampton AC	F60		35	37				72
24	Theresa	Clark	W&D AC	F50		33	38				71
25	Ann	Dickson	Northampton RR	F60		27		40			67
26	Valerie	Anslow	W&D AC	F50		29	34				63
27	Kym	Wheeler	Corby AC	F45				50			50
28	Rosemary	Van der Putten	Human Energy	F55		49					49
29	Sue	White	Northampton RR	F45					48		48
30	Michelle	Fryatt	Wootton Road Runners	F45						46	46
31	Deborah	Varnfield	W&D AC	F45		45					45
32	Lucia	Hale	W&D AC	F55						44	44
33	Claire	Todd	Silson Joggers	F45	44						44
34	Sue	Errington	Wootton Road Runners	F45				42			42
35	Irna	Lewis	Wootton Road Runners	F45			42				42
36	Mandy	Dennis	Wootton Road Runners	F50	41						41
37	Juliet	Hanson	Silson Joggers	F45						41	41
38	Susan	Thompson	Northampton RR	F60					41		41
39	Valerie	Cross	Rugby & Northampton AC	F60					40		40
40	Wendy	Parker	Northampton RR	F45		40					40
41	Helen	Johannson	Wootton Road Runners	F45				39			39
42	Valerie	V.Cross	Rugby & Northampton AC	F60	39						39
43	Jane	Partridge	Rugby & Northampton AC	F55		38					38
44	Orla	Tait	Rugby & Northampton AC	F45				38			38
45	Susan	Owen	W&D AC	F55	37						37
46	Kathie	Green	W&D AC	F55				36			36
47	Dawn	Exley	Wootton Road Runners	F45			32				32
48	Jackie	Horne	Northampton RR	F50		32					32
49	Mary	Davies	Northampton RR	F55		30					30
50	Helen	Blackburn	Northampton RR	F45		28					28