

	Blisworth 5k		Corby 5		Weedon 10k		W'boro 5		Blisworth 5M		Moulton 10k		Cransley HM		Run 11					League	Best 6	Pos.		
	Total	League	Total	League	Total	League	Total	League	Total	League	Total	League	Total	League	Total	Points	Total	Total	Points	Points	Points	Total		
MALE	Points	Points	points	points	points	points	points	points	points	points	points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points		
Silson Joggers	380	10	327	5	374	10	350	8	359	8	372	10	226	5	97	96	94	87	374	10	2388	66	56	1
Rugby & Northampton	369	9	358	8.5	373	9	370	10	378	9.5	371	9	170	4	95	93	92	91	371	9	2389	68	55.5	2
Wootton RR	361	7	359	10	355	7	344	7	378	9.5	366	8	387	10	100	98	83	75	356	8	2550	66.5	52.5	3
W&DAC	366	8	356	7	310	6	333	6	327	7	331	7	350	8	85	81	80	78	324	7	2373	56	44	
Kettering TH			355	6	362	8	369	9	176	6	302	6	355	9	99	86	67	42	294	6	1919	50	44	
Corby	69	5	358	8.5	128	4	323	5			271	5	319	7	79	76	69		224	4	1468	38.5	34.5	
Northampton RR			250	4	204	5	180	4	119	4	36	3	310	6	73	71	64	55	263	5	1099	31	28	
Daventry RR	18	4	52	1	52	2	106	3	34	3	115	4			88				88	3	377	20	19	
Human Energy	85	6	106	3			58	1	141	5											390	15	15	
Team East Haddon			73	2	75	3	78	2							46				46	2	226	9	9	
FEMALE																								
Wootton RR	293	10	273	9	294	10	269	7	294	10	256	6			100	99	98		297	10	1679	62	56	1
W&DAC	262	7	269	8	260	7	278	9	264	8	281	10	294	10	90	83	82		255	7.5	1908	66.5	52.5	2
Rugby & Northampton	279	9	268	7	284	9	242	6	286	9	280	9			91	88	86		265	9	1639	58	52	3
Corby	90	6	294	10	245	6	289	10	70	4	260	7	191	9	95	59			154	5	1439	57	48	
Silson Joggers	276	8	266	6	263	8	272	8	262	7	273	8	178	8	89	85	81		255	7.5	1790	60.5	47.5	
Northampton RR			225	5	120	5	203	5	203	5	162	5	100	7	92	74	72		238	6	1013	38	33	
Kettering TH			221	4	71	3	79	4	260	6	85	4							0		716	21	21	
Daventry RR			85	3	86	4													0		171	7	7	
Human Energy			84	2															0		84	2	2	
COMBINED																								
Wootton RR	654	9	632	9	649	9	613	9	672	10	622	8	387	6	356	297			653	10	4229	70	56	1
Rugby & Northampton	648	8	626	8	657	10	612	7.5	664	9	651	10	170	4	371	265			636	9	4028	65.5	54	2
Silson Joggers	656	10	593	6	637	8	622	10	621	8	645	9	404	7	374	255			629	8	4178	66	53	3
W&DAC	628	7	625	7	570	7	611	6	591	7	612	7	644	10	324	255			579	7	4281	58	45	
Corby	159	6	652	10	373	5	612	7.5	70	3	531	6	510	9	224	154			378	5	2907	51.5	43.5	
Kettering TH			576	5	433	6	448	5	436	6	387	5	355	5	294				294	4	2635	36	32	
Northampton RR			475	4	324	4	383	4	322	5	198	4	410	8	263	238			501	6	2112	35	31	
Daventry RR	18	4	137	2	138	3	106	3	34	2	115	3			88				88	3	548	20	18	
Human Energy	85	5	188	3			58	1	141	4											472	13	13	
Team East Haddon			72	1	75	2	78	2							46				46	2	225	7	5	

Men Open												Blisworth Corby 5		Weedon	W'boro	Blisworth Moulton		Cransley	Run	Total	Best 5	Winning
First Name	Last Name	Club	Category	5K	5	10k	5	5	10k	HM	11										Pos.	
Jonathan	Goringe	Kettering TH	SM		97	99	98	100	99		99	592	495	1								
Steve	Poole	Wootton Road Runners	M40	98	95		97	98	100	99	100	687	495									
Luke	Robinson	Rugby & Northampton AC	MU20	100		98	95	99	94			486	486	2								
Lazloe	Boden	Wootton Road Runners	M50	93	96	93	92	97	97	98	98	764	486									
Greg	Spellman	Rugby & Northampton AC	M45		94	92	93	96		97	95	567	475									
Chris	Wood	Silson Joggers	SM	97	87	97	88		96		96	561	474	3								
Andy	Pacey	Silson Joggers	M40	95		94	91	93	95		97	565	474									
Simon	Woodward	Silson Joggers	SM	89	83	88			93		94	447	447									
Terry	Egan	Rugby & Northampton AC	M50		81	82	85		90		93	431	431									
Vincent	Carroll	Rugby & Northampton AC	M40	81	73	81		89	89		90	503	430									
Jon	Kemp	W&D AC	SM	82	77	79	83	88	92		85	586	427									
Kevin	Reboul	Silson Joggers	M45	83	74	76	77	85	88	93	84	660	426									
Steve	Heighway	Wootton Road Runners	M40	79		77	79	87	86		83	491	414									
Roger	Bullen	W&D AC	M45				69	77	80	92	77	395	395									
Scott	Magee	Corby AC	M40	69	63	66			82	91	76	447	384									
Andy	Kirk	Silson Joggers	SM	77	67	71	73	80			82	450	383									
Nick	Pacey	Silson Joggers	M45	99		95	90	95				379	379									
Michael	Carrea	Wootton Road Runners	SM	67		64		74	78		66	349	349									
Richard	Davies	Silson Joggers	SM	73	53	49	65		79		70	389	340									
Neil	McDonald	W&D AC	M50		50	60	64		75	89		338	338									
Israel	Archuletta	W&D AC	SM	63	45	59	61		72	79		379	334									
Neil	Glover	Rugby & Northampton AC	M55	64	54		60				57	304	304									
Matthew	Brown	Wootton Road Runners	SM	62	47	45		65			64	283	283									
David	Morley	Silson Joggers	M40	50	29	47		62	68		56	312	283									
Stewart	Shears	Silson Joggers	SM	55	49	37	57		69		52	319	282									
David	Jarrett	Silson Joggers	M50	37	21	23	51	51	62	72	41	358	277									
Andrew	Redden	W&D AC	SM	43	32	58	72	78			65	348	273									
Jonathon	Gale	Silson Joggers	M40	48	35	34	54	53	56		47	327	258									
Stephen	Young	Wootton Road Runners	M40	54	42	40		60			58	254	254									
Pete	Diamond	Wootton Road Runners	M50	44	39	39	55	59				236	236									
Michael	Dowdy	Wootton Road Runners	M50	28	1	6	39	49	48	66		237	230									
Allan	Griffiths	W&D AC	M40		34	18	18		71	87		228	228									
Mark	Nicholls	Silson Joggers	M40	42	27	33	45		55			202	202									
Robin	Frost	Wootton Road Runners	M40	31	3	7	37		46		26	195	185									
Neil	Martin	Rugby & Northampton AC	M50		7	8	41	48	50		28	182	175									
Brian	Keers	Silson Joggers	M50	38	11		32		47		25	153	153									
Bill	Goadsby	Daventry Road Runners	M55	18		1	26	34	41			120	120									
Richard	Baldwin	Wootton Road Runners	M45	27	1	9		35			36	108	108									
Joe	Horsley	Rugby & Northampton AC	M55	22	1	1	25	36				85	85									
Phil	West	Kettering TH	M40		88	90	89			96		363	363									
Neal	Humphreys	Corby AC	SM		85		87		91	95		358	358									
Richard	Lack	Wootton Road Runners	M40	84	86	91		91				352	352									
Thomas	Phelps	Silson Joggers	SM	72			75	82	87			316	316									
David	Parkins	Wootton Road Runners	M45	80	68	78		83				309	309									
David	Green	Kettering TH	SM		100	100	100					300	300									
Damian	Murphy	Wootton Road Runners	M50	74	65	72	76					287	287									
Ricgard	Franks	Northampton RR	M50			50	67			84	71	272	272									
Sean	Gallagher	Kettering TH	SM		58		59			88	67	272	272									
Ben	Malia	Rugby & Northampton AC	SM	94	90	87						271	271									
Peter	Williams	W&D AC	SM	57		61	68			82		268	268									
Cory	Tomkins	W&D AC	MU20	92	89	80						261	261									
Brendan	Moen	Rugby & Northampton AC	M40	85		84					91	260	260									
John	Webb	Wootton Road Runners	SM	52				64		78	60	254	254									
Tony	Letts	Northampton RR	M40		80	83		90				253	253									
James	Berry	W&D AC	SM					84	84		80	248	248									
Charles	Howard	Wootton Road Runners	SM	86	75	86						247	247									
James	Darcy	Silson Joggers	M45		78		81				87	246	246									
Mike	Farrow	W&D AC	M55					56	63	77	50	246	246									
Dan	Taylor	Silson Joggers	SM	88	79	74						241	241									
Martin	Newton	W&D AC	SM	49	38	13				61	80	241	241									
Jeff	Haynes	Silson Joggers	M55	75	69			86				230	230									
Andy	Green	Team East Haddon	M45		72	70	78					220	220									
Terry	Allen	Wootton Road Runners	M40				62			76		212	212									
Adrian	Busby	Wootton Road Runners	M40	66		65		73				204	204									
Kevin	Jeary	Wootton Road Runners	M50	53				72			75	200	200									
Chris	Curtis	Corby AC	SM		99		99					198	198									
Stuart	Nelson	Rugby & Northampton AC	SM				96			98		194	194									
Paul	Birch	Rugby & Northampton AC	SM		93	96						189	189									
Terry	Toseland	W&D AC	M40		91		94					185	185									
Neil	Barnett	W&D AC	SM	91	92							183	183									
Francis	Hale	W&D AC	M40	96	84							180	180									
Sam	Turnell	Rugby & Northampton AC	MU20	90							89	179	179									
John	Saw	Rugby & Northampton AC	SM					86			92	178	178									
Damon	Long	W&D AC	SM				46		59	71		176	176									
Andrew	McKenna	W&D AC	SM	87		89						176	176									
Tom	Elliff	Human Energy	SM	65	43			66				174	174									
Darren	Weston	Daventry Road Runners	M40				80				88	168	168									
Jon	Wilkinson	Wootton Road Runners	SM	60	51	57						168	168									
Richard	Fowler	Wootton Road Runners	M40		82	85						167	167									
Andy	Hoare	Silson Joggers	M50	47		12	47		60			166	166									
Richard	Chaloner	Wootton Road Runners	SM	59				58			45	162	162									
Simon	Tootell	Wootton Road Runners	SM					79	83			162	162									
Kemal	Mehmet	Kettering TH	M40		1	73					86	160	160									
Chris	Futhorpe	Wootton Road Runners	SM	45		21	40				48	154	154									
Alan	Mould	Rugby & Northampton AC	M50							81	72	153	153									
John	Thomas	Corby AC	M70		20	25	50		58			153	153									
Matthew	Smith	Kettering TH	SM		70		82					152	152									
David	Kelly	W&D AC	M40				71				81	152	152									

Steve	Green	Kettering TH	SM					70	81		151	151
Ben	Green	W&D AC	M20				68			78	146	146
Graham	Tee	Wootton Road Runners	M50	36		15	52			38	141	141
Paul	Young	Kettering TH	M50			20	52			67	139	139
Troy	Garrity	Corby AC	SM		98					40	138	138
Paul	Glaister	Wootton Road Runners	M40	46		14	42				136	136
Will	Raybold	Human Energy	M40		61			75			136	136
Lynton	Dawson	Northampton RR	SM		64	68					132	132
Nathan	Sexon	W&D AC	M40				70			62	132	132
Terry	Peters	Wootton Road Runners	M55		24	42	66				132	132
Mark	Fowler	Wootton Road Runners	SM	68	62						130	130
Michael	Heap	Wootton Road Runners	M55				47	49		33	129	129
Steve	Adams	W&DAC	M55		16		55	57			128	128
Tim	Ellwood	W&D AC	M40			62		65			127	127
Andrew	Hackett	Wootton Road Runners	SM	56			71				127	127
Martin	Fowler	Wootton Road Runners	M55	51					76		127	127
David	Hardcastle	Wootton Road Runners	M50	33			43	50			126	126
Phillip	Wood	Wootton Road Runners	SM			53				68	121	121
Robin	Britten	Kettering TH	M45		12		36	33		40	121	121
Nathan	Smith	Rugby & Northampton AC	SM	61						59	120	120
Phil	Nudds	Kettering TH	SM		55	63					118	118
John	White	Wootton Road Runners	SM	76				41			117	117
Colin	Harris	W&D AC	M40		18	22			75		115	115
Deepesh	Patel	Wootton Road Runners	SM			48		67			115	115
David	Coates	Silson Joggers	M50		59	55					114	114
Trevor	Barnes	Silson Joggers	M55			41			73		114	114
Graham	Hollowell	Wootton Road Runners	M45		56	56					112	112
Ian	Mann	W&D AC	M45	14			30		44	23	111	111
Simon	Hobday	W&D AC	M50		57	54					111	111
Mark	Kennedy	Northampton RR	SM		41					64	105	105
John	Jeffreys	Wootton Road Runners	SM	41				63			104	104
Daniel	Clarke	Daventry Road Runners	SM		52	51					103	103
Ian	Robb	Corby AC	M50		40		63				103	103
Michael	Spencer	Silson Joggers	M50				49	54			103	103
Paul	Harrison	Wootton Road Runners	SM	58						44	102	102
John	Fleming	Northampton RR	M40		46					55	101	101
Michael	Aldridge	Wootton Road Runners	SM						100		100	100
Robert	Burgess	Wootton Road Runners	M45			46			54		100	100
James	Lambert	Wootton Road Runners	SM			43		57			100	100
Stephen	Atkinson	Wootton Road Runners	M40				48			51	99	99
Steve	Milner	Rugby & Northampton AC	SM		66	32					98	98
Mick	Clarke	Northampton RR	M70			3	29			64	96	96
Mark	Garrett	Northampton RR	M50							94	94	94
Liam	Ratcliffe	Rugby & Northampton AC	SM					94			94	94
Chris	Lazenby	Wootton Road Runners	SM					92			92	92
Guy	Travers	W&D AC	M40		48	44					92	92
Anthony	Poncia	Kettering TH	SM		22	27				42	91	91
Paul	Northern	Wootton Road Runners	M40						90		90	90
Adam	Sonn	Kettering TH	SM			2			51		88	88
David	Davies	Wootton Road Runners	M55	35	8					43	86	86
Alan	Rain	Kettering TH	SM							86	86	86
Paul	Carr	Kettering TH	?							85	85	85
Brian	Summers	Rugby & Northampton AC	M40						85		85	85
Keith	Molloy	W&D AC	M40				84				84	84
Simon	Ruegg	Kettering TH	SM							83	83	83
Tim	Walsh	W&D AC	M50		13	17			53		83	83
Roger	Taylor	Silson Joggers	M40		5				46		81	81
Robert	Male	Rugby & Northampton AC	M17					81			81	81
Chris	Jones	W&D AC	SM				23		38	19	80	80
Peter	Gray	Corby AC	M40?							79	79	79
Kevin	Lewis	W&D AC	M50			30				49	79	79
Dom	Coleman	W&D AC	SM				33	45			78	78
Matthew	Wootton	Silson Joggers	SM	78							78	78
Stephen	Dixon	Rugby & Northampton AC	SM						77		77	77
Steven	Broom	Corby AC	MU20		76						76	76
David	Lazenby	Wootton Road Runners	SM					76			76	76
Simon	Douglas	Wootton Road Runners	SM			75					75	75
Brian	Malin	Rugby & Northampton AC	M50			1				74	75	75
Robert	Ward	Wootton Road Runners	M40					37		37	74	74
Alan	Hawkes	Corby AC	M50				74				74	74
Keith	Moreman	Daventry Road Runners	M60						74		74	74
Andrew	Thomas	Northampton RR	SM							73	73	73
Tony	Hale	W&D AC	M55		17	24				31	72	72
Stuart	Mellows	W&D AC	M45							73	73	72
Ronnie	Ambrose	Northampton RR	M45		15		56				71	71
Tony	Kennedy	Northampton RR	M45			2			69		71	71
Guy	Peterson	Rugby & Northampton AC	M40		71						71	71
Andrew	Taylor	Silson Joggers	SM	71							71	71
Aaron	Lincoln	Rugby & Northampton AC	M40					70			70	70
Jay	Love	Rugby & Northampton AC	M40	70							70	70
John	Eames	Corby AC	SM							69	69	69
Eamon	Kennedy	W&D AC	M45			1	19		37	12	69	69
Brian	Farrar	Corby AC	M60			1				68	69	69
Neil	Mulroy	Kettering TH	M40							70	69	69
Neil	Willsher	Rugby & Northampton AC	SM			69					69	69
John	Vincent	Wootton Road Runners	M45	29				39			68	68
Gary	Zuboky	W&D AC	M50		30	38					68	68
Paul	Matthews	Wootton Road Runners	M40			67					67	67
Tony	Swindells	Wootton Road Runners	M55	25				42			67	67
James	Anderson	Northampton RR	M40							65	66	66
Phil	Farley	W&D AC	M45		31	35					66	66
Liam	Kirk	Kettering TH	MU20						66		66	66

Richard	Rose	Northampton RR	M60	1			29	36		66	66
Norman	Smith	Corby AC	M50						67	67	66
Edward	Bailey	Wootton Road Runners	SM					64		64	64
Scott	Andrew	Rugby & Northampton AC	SM						63	63	63
John	Hullett	Silson Joggers	M60						63	63	62
Nigel	Taylor	Corby AC	M45	26	36					62	62
Stuart	De Freyne	Wootton Road Runners	?						61	61	61
James	Myhill	Rugby & Northampton AC	SM				61			61	61
Gary	McDaniels	Northampton RR	M40	60						60	60
Paul	Bramley	Rugby & Northampton AC	M50	21			38			59	59
Russ	Dickerson	Rugby & Northampton AC	M40	15				43		58	58
Paul	Smart	Human Energy	M50			58				58	58
Stephen	Elliott	Rugby & Northampton AC	SM						54	54	54
Andrew	Manning	W&D AC	M45	1	1	17		35		54	54
Darren	Keane	Wootton Road Runners	SM						53	53	53
Paul	Morrow	Kettering TH	M40					52		52	52
Drew	Sheffield	Wootton Road Runners	SM			52				52	52
Ian	Townshend	Wootton Road Runners	M45	32	9	10				51	51
Darren	Byfield	Northampton RR	M40				28		21	49	49
Peter	Goringe	Kettering TH	M50	23		26				49	49
Scott	McKenzie	Team East Haddon	M40?						46	46	46
Robert	Giles	W&D AC	M50				44			44	44
Andrew	Grabbitas	Rugby & Northampton AC	M55					44		44	44
Gerald	O'Keefe	Corby AC	M50	44						44	44
Cary	Rigler	Wootton Road Runners	M50			4		40		44	44
David	Hanwell	Kettering TH	M60					43		43	43
Graham	Bayes	W&D AC	M60						42	42	42
James	Cameron	Wootton Road Runners	M55	13				28		41	41
Les	Rolfe	W&D AC	M50	40						40	40
Robert	Donovan	Northampton RR	M40?							39	39
Amos	Hill	W&D AC	M40						39	39	39
Thomas	Schilling	Silson Joggers	M40	39						39	39
Keith	Lock	W&D AC	SM				38			38	38
Peter	Moor	Northampton RR	SM		37					37	37
Paul	Marlow	Kettering TH	M45		36					36	36
Simon	Pearl	Silson Joggers	M40	30	6					36	36
David	Eaton	Corby AC	M50		19	16				35	35
Jason	Sheridan	W&D AC	SM				35			35	35
Matthew	Dale	Wootton Road Runners	SM				34			34	34
Thom	McKiernan	W&D AC	SM	34						34	34
Michael	Wood	Wootton Road Runners	M60	19					14	33	33
Mark	Bland	Corby AC	M45		33					33	33
Tom	Sullivan	Northampton RR	M40?						32	32	32
Andy	Davidson	Wootton Road Runners	M45					32		32	32
Steve	Borondy	Wootton Road Runners	M45			31				31	31
Martin	Lewis	Wootton Road Runners	M50					31		31	31
Seam	Male	W&D AC	SM				31			31	31
Ian	Evetts	Wootton Road Runners	M40					30		30	30
Andy	Mayes	Wootton Road Runners	M40?						29	29	29
Christopher	Knight	Wootton Road Runners	M40			29				29	29
Paul	Mottram	Corby AC	M45	28						28	28
Mark	Pearson	Kettering TH	M40			28				28	28
Dave	Knowles	Northampton RR	M40?						27	27	27
Andrey	Starcevic	Wootton Road Runners	M50				27			27	27
Gareth	Jones	Wootton Road Runners	SM	26						26	26
John	Cummings	Corby AC	SM		1		24			25	25
Wayne	Hackett	Silson Joggers	SM	25						25	25
Stephen	Mason	Wootton Road Runners	SM						24	24	24
Christopher	Nunn	W&D AC	M40	24						24	24
Paul	Flecknoe	Wootton Road Runners	SM	23						23	23
David	Skinner	W&D AC	F35?						22	22	22
Brent	Perkins	Wootton Road Runners	M50				22			22	22
Barry	Collins	W&D AC	M50				21			21	21
Andrew	Cooke	Human Energy	M45	20	1					21	21
Stephen	Wilding	W&D AC	M40?						20	20	20
Alan	Davies	Corby AC	SM				20			20	20
Michael	Kendall	Wootton Road Runners	M55			19				19	19
Mark	Vickers	W&D AC	M40?						18	18	18
Matt	Peleszok	Kettering TH	SM?						17	17	17
Guy	Glennon	Wootton Road Runners	M45	17						17	17
Stephen	Ingram	Wootton Road Runners	SM?						16	16	16
Michael	Young	Wootton Road Runners	SM	16						16	16
Andrew	Mumford	Wootton Road Runners	SM?						15	15	15
Nick	McHugh	W&D AC	SM		14					14	14
Miles	Billingham	Northampton RR	M40?						13	13	13
Jon	Wright	Rugby & Northampton AC	M50	12	1					13	13
John	Jeffreys	Wootton Road Runners	SM?						11	11	11
Steve	Marsh	Wootton Road Runners	M50			11				11	11
Steve	Bussey	Wootton Road Runners	M40?						10	10	10
Alan	Gray	Silson Joggers	M40	10						10	10
Paul	Corconan	W&DAC	SM?						9	9	9
John	Oliver	Northampton RR	M45			1			8	9	9
Sam	Cortese	Team East Haddon	M50	1	5					6	6
David	Blackburn	Northampton RR	M50	4						4	4
Sandy	Moffat	Silson Joggers	M50	1	1					2	2
Adrian	Spicer	W&D AC	M40	1	1					2	2
Gareth	Barkley	Kettering TH	SM	1						1	1
Colin	Bricher	Northampton RR	M60	1						1	1
Mark	Exely	Wootton Road Runners	M45	1						1	1
Tim	Hulett	Silson Joggers	M60			1				1	1
Allan	Lock	Silson Joggers	M65	1						1	1
Stephen	Milkins	Corby AC	M55	1						1	1

Paul	Mortimer	Corby AC	M40	1							1	1
Ben	Mullaney	W&D AC	SM		1						1	1
David	Solomon	Northampton RR	M55	1							1	1
Daniel	Van der Putten	Human Energy	M60	1							1	1

Female Open

Angela	Copson	Rugby & Northampton AC	F60	99	100	100		94	99			492	492	1
Morag	Larsen	Wootton Road Runners	SF			98	99	96	98		96	487	487	2
Heather	Cooke	Silson Joggers	SF	96	95	95	97	93			89	565	476	3
Natasha	Wain	W&D AC	F35	92	92	88	94	90	95	97	90	738	470	
Margaret	Mulholland	Corby AC	F40	90	90		95		93	96		464	464	
Sarah	Clark	Silson Joggers	SF	94	91	89	92	89	96		85	636	462	
Kelly	Burn	W&D AC	SF	89	88	87	91	88		99		542	455	
Emma	Murphy	W&D AC	F35		87	85	93		92	98		455	455	
Louise	Kemp	W&D AC	SF	72	77	82	85	85	91		83	575	410	
Madeleine	Moutrie	Silson Joggers	F45	75	79	75	83	80	87		77	556	406	
Sheona	Smees	Silson Joggers	F50	61		74	78		82	90		385	385	
Gillian	Brightwell	W&D AC	F50		54	68	77	71		94		364	364	
Deana	Loveridge	Wootton Road Runners	F40	69	63	67		81			79	359	359	
Lisa	Johnson	Rugby & Northampton AC	F40	59	56	69		67			58	309	309	

Barbara	Willison	Wootton Road Runners	F40	95	96	97					94	382	382	
Jacqueline	Mildred	Wootton Road Runners	F35	85	83	84		84				336	336	
Karen	Tomkins	W&D AC	SF	81	71	80				93		325	325	
Louise	Birkett-Swan	Wootton Road Runners	F35	76		83		87			75	321	321	
Tracey	Shepherd	Corby AC	F40			65		70	81	95		311	311	
Sue	Clayton-Drabbl	Silson Joggers	F45	79	78	79					69	305	305	
Karen	Spellman	Rugby & Northampton AC	F40			74	81	77			66	298	298	
Amanda	Marlow	Kettering TH	F40		68	71		78				296	296	
Victoria	Knight	Wootton Road Runners	SF	98				98			97	293	293	
Trudi	Pike	Corby AC	F40		97	94					95	286	286	
Daisy	Melville	Rugby & Northampton AC	F35			93		95	97			285	285	
Vicky	Parsons	Wootton Road Runners	F35	93	94	92						279	279	
Lee	Clayson	Wootton Road Runners	F45	91			90	92				273	273	
Bryna	Holmes	W&D AC	SF		89		86		94			269	269	
Justine	Keech	W&D AC	F35				89		90		82	261	261	
Nicola	Durose	Rugby & Northampton AC	F35		51	52		69	84			256	256	
Amanda	Allen	W&D AC	F45		45	53		66		91		255	255	
Deborah	Galletta	Corby AC	F45		75	81			86			242	242	
Ellie	Lock	Silson Joggers	SF	78	80						81	239	239	
Michelle	Fryatt	Wootton Road Runners	F35				80	73	83			236	236	
Mel	Bignell	Silson Joggers	F50		69	78			88			235	235	
Elaine	Dawes	W&D AC	F45		73		84				76	233	233	
Josie	Granger	Northampton RR	F45		70		82				70	222	222	
Stacey	Pywell	W&D AC	SF	56	46	44	74					220	220	
Andrea	Collingwood	Wootton Road Runners	F35	63				76			80	219	219	
Justine	Verwey	Silson Joggers	F40	54					74	88		216	216	
Sally	Hewitt	W&D AC	F55	49		47			71		49	216	216	
Maria	Hollis	W&D AC	SF	43		41	58		64			206	206	
Kirsty	Gallagher	Wootton Road Runners	F35					100			100	200	200	
Julie	Dixon	Wootton Road Runners	F40			99					99	198	198	
Laura	Burton	W&D AC	SF	66	66	66						198	198	
Heather	Burgess	W&D AC	F40	47		42	65				43	197	197	
Hayley	Veasey	Corby AC	F35		98		98					196	196	
Sarah	Grove	W&D AC	F35				72		73		50	195	195	
Theresa	Clark	W&D AC	F50		49	57				89		195	195	
Maxine	Hill	Wootton Road Runners	F35		61		70	63				194	194	
Sarah	Coward	W&D AC	F40			59			76		56	191	191	
Nicola	Wood	Wootton Road Runners	SF			96					93	189	189	
Michelle	Barnett	W&D AC	F35	55			71	62				188	188	
Mary	Kingsworth	Northampton RR	F55		58	58					65	181	181	
Claire	McDaid	Northampton RR	F35		52	62					63	177	177	
Elizabeth	Orchard	W&D AC	SF				87	86				173	173	
Victoria	Davies	Daventry Road Runners	SF		85	86						171	171	
Jo	Love	Rugby & Northampton AC	F35	82							86	168	168	
Tricia	Gamer	Rugby & Northampton AC	F50	83	82							165	165	
Fiona	Kinder	Wootton Road Runners	F45		50	50		64				164	164	
Alison	Moxley	Kettering TH	F35		81			83				164	164	
Joanna	Cummings	Northampton RR	F35		47			61			55	163	163	
Carol	Debney	Silson Joggers	F60	45			60	58				163	163	
Barbara	Parkinson	Rugby & Northampton AC	F60			76			79			155	155	
Sue	White	Northampton RR	F45					82			72	154	154	
Ann	Dickson	Northampton RR	F60		40		64				47	151	151	
Karen	Mehew	W&D AC	F40			77					71	148	148	
Irina	Lewis	Wootton Road Runners	F45			72		74				146	146	
Catherine	Riley	Wootton Road Runners	F40	67				79				146	146	
Emma	Baross	Wootton Road Runners	F35	73				68				141	141	
Lucia	Hale	W&D AC	F55						80		60	140	140	
Pam	Larham	Wootton Road Runners	F45	64				75				139	139	
Kerry	Howard	W&D AC	F35				68		70			138	138	
Lorraine	Kirk	W&D AC	SF	60					78			138	138	
Laura	Norman	Wootton Road Runners	SF	71	67							138	138	
Wendy	Parker	Northampton RR	F45		62						74	136	136	
Faith	Button	Wootton Road Runners	F35	68	65							133	133	
Samantha	Woodward	W&D AC	SF				76				54	130	130	
Joanne	James	Wootton Road Runners	SF	58				72				130	130	
Samantha	Clarke	W&D AC	F35	62	64							126	126	
Sally	Mills	Rugby & Northampton AC	SF			57					64	121	121	
Sarah	Warden	Wootton Road Runners	F45		60	61						121	121	
Claire	Lambert	Wootton Road Runners	SF			55		65				120	120	

Gay	Tresler	Rugby & Northampton AC	F60		53	56			109	109
Marie	Jesson	Northampton RR	F35				100		100	100
Jasmine	Lowdon	Wootton Road Runners	SF	100					100	100
Jo	Pulsford	Rugby & Northampton AC	SF			100			100	100
Steph	Russell	Northampton RR	SF				100		100	100
Rebecca	Hall	Corby AC	SF		99				99	99
Helen	Rollins	Kettering TH	SF				99		99	99
Frances	Malin	Wootton Road Runners	F35?					98	98	98
Ali	Cooper	Rugby & Northampton AC	F35	98					98	98
Keren	Irving	Northampton RR	F35			57		40	97	97
Melanie	Wood	Rugby & Northampton AC	F20				97		97	97
Kym	Wheeler	Corby AC	F45			96			96	96
Kit	Rapson	Silson Joggers	F40	52		43			95	95
Charlotte	Yarker	Northampton RR	SF		93				93	93
Jo	Windrum	Northampton RR	SF?					92	92	92
Dawn	Holloway	W&D AC	F40				92		92	92
Loise	Thompson	Rugby & Northampton AC	SF?					91	91	91
Valerie	Anslow	W&D AC	F50	43	48				91	91
Gabrielle	Moriarty	Rugby & Northampton AC	F20				91		91	91
Rachel	Shaw	Rugby & Northampton AC	SF			91			91	91
Annette	Burgess	Wootton Road Runners	F40			90			90	90
Natasha	King	Silson Joggers	F35					89	89	89
Michelle	Leach	Rugby & Northampton AC	F35?					88	88	88
Sharon	McHarg	Corby AC	F45			88			88	88
Jenny	Green	Wootton Road Runners	F35?					87	87	87
Diane	Rogers	Wootton Road Runners	F40	87					87	87
M	Smith	Rugby & Northampton AC	SF		86				86	86
Elle	Supple	Silson Joggers	FU20	86					86	86
Amanda	Morrow	Kettering TH	F35				85		85	85
Susan	Larwence	Rugby & Northampton AC	SF?					84	84	84
Rosemary	Van der Putten	Human Energy	F55		84				84	84
Lorna	Webb	Wootton Road Runners	SF	84					84	84
Neasa	Harmon	Wootton Road Runners	F35	80					80	80
Chrystal	Adams	Wootton Road Runners	F35?					78	78	78
Jessica	Tait	Wootton Road Runners	SF	77					77	77
Carly	Walker	W&D AC	SF				77		77	77
Monica	Curle	Wootton Road Runners	SF				75		75	75
Sue	Errington	Wootton Road Runners	F45			75			75	75
Antoinette	Kiely	Wootton Road Runners	F45	74					74	74
Alison	Tay	Silson Joggers	SF		74				74	74
Jacquetta	Manning	Wootton Road Runners	SF?					73	73	73
Michelle	Roe	W&D AC	SF			73			73	73
Joanne	Edwards	W&D AC	F35				72		72	72
Hollie	Harman	Kettering TH	SF		72				72	72
Claire	Todd	Silson Joggers	F45	70					70	70
Jeanette	Vango	Corby AC	F40			70			70	70
Mary	Moore	W&D AC	SF				69		69	69
Victoria	Wan	Wootton Road Runners	SF			69			69	69
Mandy	Bishop	W&D AC	SF?					68	68	68
Abi	Craig	W&D AC	JF				68		68	68
Eileen	Wright	Wootton Road Runners	F35?					67	67	67
Juliet	Hanson	Silson Joggers	F45					67	67	67
Karen	Precious	W&D AC	SF			67			67	67
Mandy	Crabb	W&D AC	F45			66			66	66
Hayley	Hardie	W&D AC	F35					65	65	65
Zoe	Hemsley	Wootton Road Runners	F35	65					65	65
Evelyn	Donoghue	W&D AC	F40			64			64	64
Kirsty	Hewitt	W&D AC	F40			63			63	63
Vicky	Greenshields	Wootton Road Runners	SF			63			63	63
Jo	Smith	Northampton RR	F35?					62	62	62
Terri	Davison	Northampton RR	F35					62	62	62
Helen	Johannson	Wootton Road Runners	F45			62			62	62
Suzanne	Baldwin	Northampton RR	F35?					61	61	61
Orla	Tait	Rugby & Northampton AC	F45			61			61	61
Hannah	Goves	Wootton Road Runners	F35			60			60	60
Susan	Thompson	Northampton RR	F60				60		60	60
Julie	Smith	Corby AC	SF?					59	59	59
Valerie	Cross	Rugby & Northampton AC	F60					59	59	59
Jane	Partridge	Rugby & Northampton AC	F55	59					59	59
Emma	Straker	W&D AC	F35			59			59	59
Stephanie	Chettle	Rugby & Northampton AC	SF?					57	57	57
Madeleine	Smee	Silson Joggers	FU20	57					57	57
Kathie	Green	W&D AC	F55			56			56	56
Elaine	Palmer	Northampton RR	F40		55				55	55
Sarah	Elliott	Rugby & Northampton AC	F40			54			54	54
Louise	Adams	Northampton RR	F35?					53	53	53
Mandy	Dennis	Wootton Road Runners	F50	53					53	53
Michelle	Simmons	Wootton Road Runners	SF?					52	52	52
Jodie	Johnson	Rugby & Northampton AC	SF?					51	51	51
Claire	O'Reilly	Silson Joggers	F35	51					51	51
Susan	Walden	Rugby & Northampton AC	F40			51			51	51
Kelly	Jurdison	Wootton Road Runners	SF	50					50	50
Elizabeth	Wilbourn	Wootton Road Runners	SF			49			49	49
Helen	Campbell	Rugby & Northampton AC	F35?					48	48	48
Jackie	Horne	Northampton RR	F50		48				48	48
Deborah	Vincent	Wootton Road Runners	F40	48					48	48
Lisa	Wood	W&D AC	F35?					46	46	46

Hayley	Frasier	Wootton Road Runners	F35		46		46	46
Valerie	V.Cross	Rugby & Northampton AC	F60	46			46	46
Pauline	Horne	Northampton RR	F35?			45	45	45
Dawn	Exley	Wootton Road Runners	F45		45		45	45
Louise	Warr	Rugby & Northampton AC	F35?			44	44	44
Mary	Davies	Northampton RR	F55		44		44	44
Susan	Owen	W&D AC	F55	44			44	44
Helen	Angell	Rugby & Northampton AC	SF?			42	42	42
Kate	Herd	Corby AC	F40		42		42	42
Kim	Wakefield	Wootton Road Runners	SF	42			42	42
Julie	Johnson	Rugby & Northampton AC	F35?			41	41	41
Helen	Blackburn	Northampton RR	F45		41		41	41
Helen	Lifford	Rugby & Northampton AC	F35?			39	39	39
Julie	English	Corby AC	F35		39		39	39
Claire	Spokes	Northampton RR	SF		38		38	38

				Blisworth	Corby	5 Weedon	W'boro	Blisworth	Moulton	Cransley	Run	Total	Best 5	Winning
Male 40				5k	5	10k	5	5	10k	HM	11			Pos.
Steve	Poole	Wootton Road Runners	M40	49	50	48	48	49	50	50	49	291	243	1
Greg	Spellman	Rugby & Northampton AC	M45	47	50	48	47	47	49	49	48	289	242	2
Andy	Pacey	Silson Joggers	M40	43	40	42	44	47	44	47	46	262	222	3
Vincent	Carroll	Rugby & Northampton AC	M40	44	41	38	38	41	46	47	42	337	220	
Kevin	Reboul	Silson Joggers	M45	41	39			42	45		41	208	208	
Steve	Heighway	Wootton Road Runners	M40				35	39	42	46	38	200	200	
Rodger	Bullen	W&D AC	M45	39	36	34			43	45	37	234	200	
Scott	Magee	Corby AC	M40	36	25	30		35	39		33	198	173	
David	Morley	Silson Joggers	M40	35	29	24	32	32	37		31	220	167	
Jonathon	Gale	Silson Joggers	M40	37	30	27		34			34	162	162	
Stephen	Young	Wootton Road Runners	M40	28	18	22			40	43		151	151	
Allan	Griffiths	W&D AC	M40	33	23	23	29		36			144	144	
Mark	Nicholls	Silson Joggers	M40	30	15	14	27	31	33		20	170	141	
Robinson	Frost	Wootton Road Runners	M40											
Nick	Pacey	Silson Joggers	M45	50		49	46	48				193	193	
Phil	West	Kettering TH	M40		47	46	45			48		186	186	
Richard	Lack	Wootton Road Runners	M40	45	46	47		46				184	184	
Jon	Kemp	W&D AC	M40		41	42	43	48				174	174	
David	Parkins	Wootton Road Runners	M45	42	37	40		40				159	159	
Brendan	Moen	Rugby & Northampton AC	M40	46		44					47	137	137	
Tony	Letts	Northampton RR	M40		43	43		45				131	131	
James	Darcy	Silson Joggers	M45		42		41				44	127	127	
Andy	Green	Team East Haddon	M45		39	36	39					114	114	
Terry	Allen	Wootton Road Runners	M40				34		41		36	111	111	
Adrian	Busby	Wootton Road Runners	M40	38		33		37				108	108	
Richard	Baldwin	Wootton Road Runners	M45	27	12	15		28				108	108	
Paul	Glaister	Wootton Road Runners	M40	34		17	28					104	104	
Ian	Mann	W&D AC	M45	22			25		32			98	98	
Terry	Toseland	W&D AC	M40		48		49					97	97	
Francis	Hale	W&D AC	M40	48	45							93	93	
Kemal	Mehmet	Kettering TH	M40		13	37					43	93	93	
Richard	Fowler	Wootton Road Runners	M40		44	45						89	89	
Darren	Weston	Daventry RR	M40				40					85	85	
Colin	Harris	W&D AC	M40		21	19				42		82	82	
David	Kelly	W&D AC	M40				37					77	77	
Robin	Britten	Kettering TH	M45		19		26					74	74	
Will	Raybould	Human Energy	M40		35			38				73	73	
Roger	Taylor	Silson Joggers	M40		16				34			73	73	
Nathan	Sexon	W&D AC	M40				36					71	71	
Tim	Ellwood	W&D AC	M40			32			38			70	70	
Andrew	Manning	W&D AC	M45		7	10	21		28			66	66	
Graham	Hollowell	Wootton Road Runners	M45		33	31						64	64	
Eamon	Kennedy	W&D AC	M45			12	23		29			64	64	
Ian	Townshend	Wootton Road Runners	M45	31	17	16						64	64	
John	Fleming	Northampton RR	M40		31							63	63	
Guy	Travers	W&D AC	M40		32	28						60	60	
John	Vincent	Wootton Road Runners	M45	28					30			58	58	
Allan	Gray	Silson Joggers	M40		18							57	57	
Robert	Ward	Wootton Road Runners	M40					29				56	56	
Russ	Dickerson	Rugby & Northampton AC	M40	23					31			54	54	
Ronnie	Ambrose	Northampton RR	M45		20		33					53	53	
Tony	Kennedy	Northampton RR	M45			13				39		52	52	
Phil	Farley	W&D AC	M45		26	25						51	51	
Nigel	Taylor	Corby AC	M45		22	26						48	48	
Paul	Northern	Wootton Road Runners	M40							44		44	44	
Brian	Summers	Rugby & Northampton AC	M40						44			44	44	
Chris	Wood	Silson Joggers	M40				44					44	44	
Keith	Molloy	W&D AC	M40				43					43	43	
Darren	Byfield	Northampton RR	M40				24					41	41	
Stuart	Mellows	W&D AC	M45							41		41	41	
Jay	Love	Rugby & Northampton AC	M40	40								40	40	
Neil	Mulroy	Kettering TH	M45							40		40	40	
James	Anderson	Northampton RR	M40			10				28		38	38	
Guy	Peterson	Rugby & Northampton AC	M40		38							38	38	
Andrew	Cooke	Human Energy	M45	25	11							36	36	
Aaron	Lincoln	Rugby & Northampton AC	M40					36				36	36	
Paul	Matthews	Wootton Road Runners	M40			35						35	35	
Paul	Morrow	Kettering TH	M40						35			35	35	
Gary	McDaniels	Northampton RR	M40		34							34	34	
Michael	Spencer	Silson Joggers	M45						33			33	33	
Thomas	Schilling	Silson Joggers	M40	32								32	32	
Mick	Galloway	Corby AC	M40				31					31	31	
Stephen	Atkinson	Wootton Road Runners	M40				30					30	30	
Amos	Hill	W&D AC	M40						30			30	30	
Scott	McKemzie	Team East Haddon	M40?								30	30	30	
Robert	Burgess	Wootton Road Runners	M45			29						29	29	
Simon	Pearl	Silson Joggers	M40	29								29	29	
Robert	Donovan	Northampton RR	M40?									28	28	
Mark	Bland	Corby AC	M45		27							27	27	
Andy	Davidson	Wootton Road Runners	M45					27				27	27	
Ian	Evetts	Wootton Road Runners	M40					26				26	26	
Christopher	Nunn	W&D AC	M40	26								26	26	
Guy	Glennon	Wootton Road Runners	M45	24								24	24	
Paul	Mottram	Corby AC	M45		24							24	24	
Tom	Sullivan	Northampton RR	M40?								24	24	24	
Steve	Borondy	Wootton Road Runners	M45			22						22	22	
Andy	Mayes	Wootton Road Runners	M40?								22	22	22	
Christopher	Knights	Wootton Road Runners	M40			21						21	21	
Dave	Knowles	Northampton RR	M40?									21	21	
John	Oliver	Northampton RR	M45			9						21	21	
Mark	Pearson	Kettering TH	M40			20						20	20	
Adrian	Spicer	W&D AC	M40		8	11						19	19	
David	Skinner	W&D AC	M40?								18	18	18	
Stephen	Wilding	W&D AC	M40?								16	16	16	
Mark	Vickers	W&D AC	M40?								15	15	15	
Mark	Exely	Wootton Road Runners	M45		14							14	14	
Miles	Billingham	Northampton RR	M40?								14	14	14	
Steve	Bussey	Wootton Road Runners	M40?								13	13	13	
Paul	Mortimer	Corby AC	M40		9							9	9	

Male 50

Lazloe	Boden	Wootton Road Runners	M50	50	50	50	50	50	50	50	50	400	250	1
Terry	Egan	Rugby & Northampton AC	M50	49	49	49	49	49	49	49	49	245	245	2
Neil	McDonald	W&D AC	M50	43	47	44		47	48		45	229	229	3
Neil	Glover	Rugby & Northampton AC	M55	47	44	42	47					225	225	
Pete	Diamond	Wootton Road Runners	M50	43	40	41	40	46				210	210	
David	Jarrett	Silson Joggers	M50	40	36	35	38	42	42	43	41	317	208	
Michael	Dowdy	Wootton Road Runners	M50	36	25	26	33	40	34	40		234	183	
Neil	Martin	Rugby & Northampton AC	M50	28	27		39	36			37	167	167	
Joe	Horsley	Rugby & Northampton AC	M55	43	23	20	28	32				146	146	
Bill	Goadsby	Daventry Road Runners	M55	31	21	29	31	31				143	143	

Damian	Murphy	Wootton Road Runners	M50	48	47	48	48					191	191	
Richard	Franks	Northampton RR	M50			44	46			47	46	183	183	
Graham	Tee	Wootton Road Runners	M50	39		30		43			40	152	152	
John	Thomas	Corby AC	M70		35	37	37		40			149	149	
Andy	Hoare	Silson Joggers	M50	44		29	35		41			149	149	
Jeff	Haynes	Silson Joggers	M55	49	48			49				146	146	
Kevin	Jeary	Wootton Road Runners	M50	46				48			48	142	142	
Brian	Keers	Silson Joggers	M50	41	30		32		33			136	136	
Mike	Farrow	W&D AC	M55					45	43	46		134	134	
Martin	Fowler	Wootton Road Runners	M55	45						45	44	134	134	
David	Coates	Silson Joggers	M50		46	46				39		131	131	
Terry	Peters	Wootton Road Runners	M55		38	43	45					126	126	
Paul	Young	Kettering TH	M50			34	39		44			117	117	
Steve	Adams	W&D AC	M55		32			44	39			115	115	
Michael	Heap	Wootton Road Runners	M55					38	35			112	112	
David	Davies	Wootton Road Runners	M55	38	29						42	109	109	
Tony	Hale	W&D AC	M55		33	36					38	107	107	
Tim	Walsh	W&D AC	M50		31	32			37			100	100	
Alan	Mould	Rugby & Northampton AC	M50						48		47	95	95	
Simon	Hobday	W&D AC	M50		45	45						90	90	
Trevor	Barnes	Silson Joggers	M55			42			45			87	87	
Ian	Robb	Corby AC	M50		41		43					84	84	
Kevin	Lewis	W&D AC	M50			39					43	82	82	
Gary	Zuboky	W&D AC	M50		39	40						79	79	
David	Hardcastle	Wootton Road Runners	M50	37				41				78	78	
Peter	Goringe	Kettering TH	M50		37	38						75	75	
Richard	Rose	Northampton RR	M60		18			28	29			75	75	
Tony	Swindells	Wootton Road Runners	M55	35				35				70	70	
Michael	Kendall	Wootton Road Runners	M55			33					36	69	69	
Michael	Wood	Wootton Road Runners	M60	32							35	67	67	
Paul	Bramley	Rugby & Northampton AC	M50	33				33				66	66	
Brian	Malin	Rugby & Northampton AC	M50			22				44		66	66	
David	Eaton	Corby AC	M50		34	31						65	65	
Brian	Farrar	Corby AC	M60			19					42	61	61	
Cary	Rigler	Wootton Road Runners	M50			24		34				58	58	
James	Cameron	Wootton Road Runners	M55	30				27				57	57	
Mick	Clarke	Northampton RR	M70			23	31					54	54	
Colin	Bricher	Northampton RR	M60		21			30				51	51	
Samantha	Cortese	Team East Haddon	M50		26	25						51	51	
Mark	Garrett	Northampton RR	M50							49		49	49	
Alan	Hawkes	Corby AC	M50				47					47	47	
Keith	Moreman	Daventry Road Runners	M60						46			46	46	
Jon	Wright	Rugby & Northampton AC	M50	29	16							45	45	
Gerald	O'Keeffe	Corby AC	M50		42							42	42	
Les	Rolfe	W&D AC	M50	42								42	42	
Paul	Smart	Human Energy	M50				41					41	41	
Norman	Smith	Corby AC	M50							41		41	41	
Alan	Burgess	Northampton RR	M50						38			38	38	
John	Hullett	W&D AC	M60							38		38	38	
Andrew	Grabbitas	Rugby & Northampton AC	M55					37				37	37	
Sandy	Moffat	Silson Joggers	M50		19	18						37	37	
David	Hanwell	Kettering TH	M60					36				36	36	
Michael	Spencer	Silson Joggers	M50					36				36	36	
Robert	Gilks	W&D AC	M50					34				34	34	
Graham	Bayes	W&D AC	M60						32			32	32	
Roger	Garrity	Corby AC	M60						30			30	30	
Andrew	Starcevic	Wootton Road Runners	M50				30					30	30	
Martin	Lewis	Wootton Road Runners	M50					29				29	29	
Steve	Marsh	Wootton Road Runners	M50			28						28	28	
David	Blackburn	Northampton RR	M50		27							27	27	
John	Cummins	Corby AC	M50					27				27	27	
Brent	Perkins	Wootton Road Runners	M50					26				26	26	
Barry	Collins	W&D AC	M50					25				25	25	
Allan	Lock	Silson Joggers	M65		24							24	24	
Daniel	Van der Putten	Human Energy	M60		22							22	22	
David	Solomon	Northampton RR	M55		20							20	20	
Tim	Hulett	Silson Joggers	M60			17						17	17	
Stephen	Milkins	Corby AC	M55		17							17	17	
Jeremy	Wise	Kettering TH	M50		15							15	15	

Female 35

Natasha	Wain	W&D AC	F35	47	46	45	48	48	48	48	45	375	239	1
Margaret	Mulholland	Corby AC	F40	46	45	49		47	47			234	234	2
Emma	Murphy	W&D AC	F35	44	44	47		46	49			230	230	3
Deana	Loveridge	Wootton Road Runners	F40	39	39	36		43			39	196	196	
Lisa	Johnson	Rugby & Northampton AC	F40	33	36	37		34			30	170	170	
Barbara	Willison	Wootton Road Runners	F40	49	48	49				46		192	192	
Jacqueline	Mildred	Wootton Road Runners	F35	44	43	43		45				175	175	
Louise	Birkett-Swan	Wootton Road Runners	F35	41		42		46		37		166	166	
Amanda	Marlow	Kettering TH	F40		41	39	42	41				163	163	
Tracey	Shepherd	Corby AC	F40			35		37	41	46		159	159	
Karen	Spellman	Rugby & Northampton AC	F40			40	44	40			34	158	158	
Trudi	Pike	Corby AC	F40		49	48					47	144	144	
Kelly	Burn	W&D AC	F35				46	47		50		143	143	
Vicky	Parsons	Wootton Road Runners	F35	48	47	47						142	142	
Nicola	Durose	Rugby & Northampton AC	F35		33	29		36	42			140	140	
Justine	Keech	W&D AC	F35				45		45		41	131	131	
Andrea	Collingwood	Wootton Road Runners	F35	35				39			40	114	114	
Justine	Verwey	Silson Joggers	F40	31					39	44		114	114	
Heather	Burgess	W&D AC	F40	27		25	37				21	110	110	

Maxine	Hill	Wootton Road Runners	F35		37		39	33			109	109		
Sarah	Grove	W&D AC	F35				41		38		26	105	105	
Michelle	Barnett	W&D AC	F35	32			40	32				104	104	
Claire	McDaid	Northampton RR	F35		34	34					33	101	101	
Sarah	Coward	W&D AC	F40			31			40		29	100	100	
Kirsty	Gallagher	Wootton Road Runners	F35					50			50	100	100	
Hayley	Veasey	Corby AC	F35		50		50					100	100	
Julie	Dixon	Wootton Road Runners	F40			50					49	99	99	
Daisy	Melville	Rugby & Northampton AC	F35						49	49		98	98	
Joanna	Cummings	Northampton RR	F35						31		28	91	91	
Alison	Moxley	Kettering TH	F35		42				44			86	86	
Jo	Love	Rugby & Northampton AC	F35	43							42	85	85	
Michelle	Fryatt	Wootton Road Runners	F35				43	38				81	81	
Catherine	Riley	Wootton Road Runners	F40	37					42			79	79	
Faith	Button	Wootton Road Runners	F35	38	40							78	78	
Karen	Mehew	W&D AC	F40			41					36	77	77	
Emma	Baross	Wootton Road Runners	F35	40				35				75	75	
Kerry	Howard	W&D AC	F35				38		36			74	74	
Samantha	Clarke	W&D AC	F35	34	38							72	72	
Kit	Rapson	Silson Joggers	F40	30		26						56	56	
Keren	Irving	Northampton RR	F35				35				19	54	54	
Ali	Cooper	Rugby & Northampton AC	F35	50								50	50	
Maree	Jesson	Rugby & Northampton AC	F35						50			50	50	
Frances	Malin	Wootton Road Runners	F35?								48	48	48	
Annette	Burgess	Wootton Road Runners	F40			46						46	46	
Dawn	Holloway	W&D AC	F40							45		45	45	
Diane	Rogers	Wootton Road Runners	F40	45								45	45	
Natasha	King	Silson Joggers	F35						44			44	44	
Michelle	Leach	Rugby & Northampton AC	F35?							44		44	44	
Amanda	Morrow	Kettering TH	F35						43			43	43	
Jenny	Green	Wootton Road Runners	F35?								43	43	43	
Neasa	Harmon	Wootton Road Runners	F35	42								42	42	
Jeanette	Vango	Corby AC	F40			38						38	38	
Chrystal	Adams	Wootton Road Runners	F35?							38		38	38	
Joanne	Edwards	W&D AC	F35						37			37	37	
Zoe	Hemsley	Wootton Road Runners	F35	36								36	36	
Emma	Straker	W&D AC	F35				36					36	36	
Terri	Davison	Northampton RR	F35						35			35	35	
Hayley	Hardie	W&D AC	F35						35			35	35	
Elaine	Palmer	Northampton RR	F40		35							35	35	
Eileen	Wright	Wootton Road Runners	F35?							35		35	35	
Evelyn	Donoghue	W&D AC	F40			33						33	33	
Hannah	Goves	Wootton Road Runners	F35			32						32	32	
Jo	Smith	Northampton RR	F35?							32		32	32	
Kate	Herd	Corby AC	F40		31							31	31	
Suzanne	Baldwin	Northampton RR	F35?							31		31	31	
Sarah	Elliott	Rugby & Northampton AC	F40			30						30	30	
Julie	English	Corby AC	F35		30							30	30	
Claire	O'Reilly	Silson Joggers	F35	29								29	29	
Deborah	Vincent	Wootton Road Runners	F40	28								28	28	
Susan	Walden	Rugby & Northampton AC	F40			28						28	28	
Hayley	Frasier	Wootton Road Runners	F35			27						27	27	
Louise	Adams	Northampton RR	F35?								27	27	27	
Helen	Campbell	Rugby & Northampton AC	F35?								25	25	25	
Lisa	Wood	W&D AC	F35?								24	24	24	
Pauline	Horne	Northampton RR	F35?								23	23	23	
Louise	Warr	Rugby & Northampton AC	F35?								22	22	22	
Julie	Johnson	Rugby & Northampton AC	F35?								20	20	20	
Helen	Lifford	Rugby & Northampton AC	F35?								18	18	18	
Female 45														
Angela	Copson	Rugby & Northampton AC	F60	50	50	50		50	50			250	250	
Madeleine	Moutrie	Silson Joggers	F45	46	47	44	46	47	48		50	328	238	1
Sheona	Smees	Silson Joggers	F50	42		43	44	44	45	48		222	222	2
Gillian	Brightwell	W&D AC	F50		36	41	43	44		50		214	214	3
Sue	Clayton-Drabble	Silson Joggers	F45	47	46	47					45	185	185	
Amanda	Allen	W&D AC	F45		31	36		43		49		159	159	
Sally	Hewitt	W&D AC	F55	40		33			42		42	157	157	
Carol	Debney	Silson Joggers	F60	38			37	39	39			153	153	
Lee	Clayson	Wootton Road Runners	F45	49			49	49				147	147	
Elaine	Dawes	W&D AC	F45		43		47				49	139	139	
Deborah	Galletta	Corby AC	F45		44	48			47			139	139	
Mel	Bignell	Silson Joggers	F50		41	46			49			136	136	
Josie	Granger	Northampton RR	F45		42		45				46	133	133	
Mary	Kingsnorth	Northampton RR	F55		37	39					44	120	120	
Theresa	Clark	W&D AC	F50		33	38				47		118	118	
Fiona	Kinder	Wootton Road Runners	F45		34	35		42				111	111	
Ann	Dickson	Northampton RR	F60		27		40				41	108	108	
Tricia	Gamer	Rugby & Northampton AC	F50	48	48							96	96	
Sue	White	Northampton RR	F45					48			47	95	95	
Antoinette	Kiely	Wootton Road Runners	F45	45		49						94	94	
Sharon	McHarg	Corby AC	F45				48	45				93	93	
Pam	Larham	Wootton Road Runners	F45	43				46				89	89	
Wendy	Parker	Northampton RR	F45		40						48	88	88	
Barbara	Parkinson	Rugby & Northampton AC	F60			45			43			88	88	
Lucia	Hale	W&D AC	F55						44		43	87	87	
Mandy	Crabb	W&D AC	F45				41		40			81	81	
Sarah	Warden	Wootton Road Runners	F45		39	40						79	79	
Gay	Tresler	Rugby & Northampton AC	F60		35	37						72	72	
Valerie	Anslo	W&D AC	F50		29	34						63	63	
Kym	Wheeler	Corby AC	F45				50					50	50	
Rosemary	Van der Putten	Human Energy	F55		49							49	49	
Michelle	Fryatt	Wootton Road Runners	F45						46			46	46	
Deborah	Varnfield	W&D AC	F45		45							45	45	
Claire	Todd	Silson Joggers	F45	44								44	44	
Sue	Errington	Wootton Road Runners	F45				42					42	42	
Irna	Lewis	Wootton Road Runners	F45			42						42	42	
Mandy	Dennis	Wootton Road Runners	F50	41								41	41	
Juliet	Hanson	Silson Joggers	F45						41			41	41	
Susan	Thompson	Northampton RR	F60					41				41	41	
Valerie	Cross	Rugby & Northampton AC	F60					40				40	40	
Helen	Johansson	Wootton Road Runners	F45				39					39	39	

Valerie	V.Cross	Rugby & Northampton AC	F60	39			39	39
Jane	Partridge	Rugby & Northampton AC	F55		38		38	38
Oria	Tait	Rugby & Northampton AC	F45			38	38	38
Susan	Owen	W&D AC	F55	37			37	37
Kathie	Green	W&D AC	F55			36	36	36
Dawn	Exley	Wootton Road Runners	F45		32		32	32
Jackie	Horne	Northampton RR	F50		32		32	32
Mary	Davies	Northampton RR	F55		30		30	30
Helen	Blackburn	Northampton RR	F45		28		28	28