

5, Claystones,
Northampton
NN4 9UY

11th October 2011

Dear Secretary

56th Eric Humphries Shield Cross Country Race Wednesday 25th Jan. 2012

1. The 56th Eric Humphries Cross-Country Race hosted by Northamptonshire Police will be held at Delapre Park, Northampton on Wednesday 25 January 2012.

Starting at 1400hrs, the park is 1 mile from the changing facilities at the Sports Pavilion Wootton Hall, Northampton, NN4 0JQ. Parking is available at the pavilion, at Police HQ, and at the front of Delapre Abbey near to the start.

Please note: Registration on the day will be at the Sports Pavilion from 1200hrs.

2. The course is approximately 6.2 miles over 3 laps, consisting of parkland and suitable for spikes or studs.

3. Teams can be made up of all male, all female or mixed – 4 runners to count. The winning team will be awarded the Eric Humphries Shield which will be retained for one year. There will also be prizes for senior male, female and masters categories. Team members should be declared at the registration desk by 1300hrs on Race day.

After the race the presentation of trophies will take place in the Northamptonshire County Council Sports Pavilion in the grounds of Wootton Hall Park, where a bar will be available.

4. The entry fee for the race is £6.00 for affiliated club members and £8.00 for unattached runners. There will be an extra charge of £1.00 for entries on the day.

The attached entry form should be completed and returned to Ken Willis at the address shown above, or by e mail at: kw2282@aol.com

CLOSING DATE for postal entries is 20th January 2012. All numbers should be collected from the registration desk at Police HQ by 1300hrs on 25th January unless a stamped addressed envelope is included with the entry.

5. A Race Permit has been applied for.

Yours,

Mr Ken Willis

Chair Northants Police Athletics Club

NORTHAMPTONSHIRE POLICE ATHLETIC SECTION

56th Eric Humphries Cross Country Race
Delapre Park, Northampton
Wednesday 25th January 2012 at 1400hrs.

To: Mr Ken Willis
5, Claystones
Northampton
NN4 9UY
Tel 01604 764101
E- mail kw2282@aol.com

CLOSING DATE FOR POSTAL ENTRIES 20th January 2012

Please enter the following team(s) / individuals in the above race:

CLUB/ POLICE FORCE _____

Team members/individuals, (First four to count).

Unattached runners: _____

**NB: Please indicate where runners are senior men/ladies, male
Masters 40, 45, 50, 55, 60 or female masters 35, 40, 45 or 50**

Entry fee is £6.00 per athlete for affiliated club members and £8.00
For unattached runners. (£1.00 extra for entries on the day)

I enclose a cheque for £ _____

**Please make all cheques payable to Northants Police Athletics Section
and stamp addressed envelope for numbers (Numbers can be collected
at registration on the day).**

**NB REGISTRATION and CHANGING at NCC Sports Pavilion, Wootton
Hall Park.**

The above named persons are amateur runners according to UKA rules and
I/We accept that the organisers accept no responsibility for any loss or injury
caused.

Signed _____