



THE SILVERSTONE & TOWCESTER RUNNING CLUB

[www.silsonjoggers.org.uk](http://www.silsonjoggers.org.uk)

27<sup>th</sup> running of the

# SILVERSTONE GRAND PRIX 10 km

Regularly listed as a top 10km in Runners World

First race in East Midlands Grand Prix Series sponsored by



**Tuesday 4th May 2010 – 7.30 p.m. start**

(Under UKA rules, Licence Applied for)

Venue:	Silverstone Motor Racing Circuit, Northamptonshire NN12 8TN
Course:	2 laps around the Grand Prix Circuit
Postal Entries:	Close Tuesday 27 <sup>th</sup> April 2010 (Entries taken on the night)
Course Records:	Men: Hillary Lelei (Mizuno) – 29:26 (2001) Women: Jo Wilkinson (Bedford & County) – 33:48 (2002)
Prizes:	£100 for setting a Course Record – £25 for beating age records Details from the web site (see above)
Results:	Extensive prize list By popular demand – chip timing (gun to line)

***This is the first race in the 8 race series held around the East Midlands. Dates for the other races will be on our web site. If you wish to enter all 8 races in advance then you can do this just by completing this entry form. Tick the box and enclose a cheque for £35 (attached runner) or £50 (unattached runner) made payable to "Silson Joggers A C" (Offer closes 27<sup>th</sup> April 2010)***



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