



THE SILVERSTONE & TOWCESTER RUNNING CLUB

www.silsonjoggers.org.uk

27th running of the

SILVERSTONE GRAND PRIX 10 km

Regularly listed as a top 10km in Runners World

First race in East Midlands Grand Prix Series sponsored by



Tuesday 4th May 2010 – 7.30 p.m. start

(Under UKA rules, Licence Applied for)

Venue:	Silverstone Motor Racing Circuit, Northamptonshire NN12 8TN
Course:	2 laps around the Grand Prix Circuit
Postal Entries:	Close Tuesday 27 th April 2010 (Entries taken on the night)
Course Records:	Men: Hillary Lelei (Mizuno) – 29:26 (2001) Women: Jo Wilkinson (Bedford & County) – 33:48 (2002)
Prizes:	£100 for setting a Course Record – £25 for beating age records Details from the web site (see above)
Results:	Extensive prize list By popular demand – chip timing (gun to line)

This is the first race in the 8 race series held around the East Midlands. Dates for the other races will be on our web site. If you wish to enter all 8 races in advance then you can do this just by completing this entry form. Tick the box and enclose a cheque for £35 (attached runner) or £50 (unattached runner) made payable to "Silson Joggers A C" (Offer closes 27th April 2010)



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THE SILVERSTONE GRAND PRIX 10km – 4th May 2010

ENTRY FORM (in advance)

Name:			
Address:			
Telephone			
Club:		ENGLAND ATHLETICS NO:	
Estimated Time:			
E-Mail address:			
Sex / Age:	<input type="radio"/> Male:	<input type="radio"/> Female:	
	Age on Race Day:	MINIMUM ENTRY AGE IS 15	
THE EAST MIDLANDS GRAND PRIX SERIES – IF YOU WISH TO ENTER ALL 8 RACES IN ADVANCE THEN TICK THE BOX HERE AND ENCLOSE A CHEQUE MADE PAYABLE TO "SILSON JOGGERS AC" FOR £35 (ATTACHED RUNNERS) OR £50 (UNATTACHED RUNNERS). THIS OFFER CLOSES 27 th April 2010			
Entry fees Attached £7.00 Unattached £9.00 Cheques to Silson Joggers A C IF YOU DO DECIDE TO ENTER ON THE NIGHT THEN THE COST IS £9.00 (Attached) or £11.00 (Unattached).			
PLEASE ENCLOSE A LARGE STAMPED ADDRESSED ENVELOPE If not you will have to collect your number on the night			
Entries to:	Silson Joggers A C, PO Box 5752, Silverstone, Towcester, Northants NN12 8ZF		
I declare that I am an amateur as defined by the UKA and abide by their rules. I enter this race on the understanding that I do so entirely at my own risk and will not hold the organisers responsible for any accident or loss howsoever caused. <input type="checkbox"/> I do not want my details to be passed on to the event sponsors and other race organisers in the EMGP series			
Signed:			
Date:			



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