

Chiltern League 2011/12
Race 2 Watford Results, 12th November 2011



After 37 Silson Joggers completed the first event, we increased our numbers to 43 at Watford on Saturday. The weather was set fair with mild temperatures, clear skies and it was pretty dry underfoot – perfect conditions to guarantee a large field as is often the case at Watford. This meant that there were lots of points to be gained but unfortunately we weren't able to capitalise on this with many runners being unavailable. When we field a full team (hopefully in St. Albans in 3 weeks time) we could easily have 50 runners and will be capable of climbing the league. Until then though we will continue to be in the danger zone placed only 3rd bottom near the foot of Division 1.

The men's and ladies courses at Watford were longer than usual with about 0.3m added to each lap because of a fallen tree on the usual route. This made the men's course almost exactly 6m and Silson's men were led home by Nick Pacey, who looks to be warming up nicely for next week's Luton marathon. There were many sterling efforts behind Nick with ever improving performances from Richard Davies, Paul King and Stewart Shears catching the eye, with all 3 contributing good points by finishing in Silson's top 10. Club Coach Graham Linnell is also moving steadily up the field this season.

Ladies Captain Heather Cooke led home 14 Silson Ladies with Ellie Lock producing an outstanding effort to be 3rd Silson lady home. Sarah Clarke and Tasha King completed the quartet of points scorers for the ladies team that was the largest in Silson's history! As recently as two years ago we only had 11 ladies run across the whole season so it's great that we now have so many as a result of the club's approach with beginners groups, the Junior section and our investment in more coaches.

We had 13 Juniors running for Silson at Watford who all ran well. Madeleine Smee improved 10 places on her performance in Luton in the U15 girls and Neave Wray led home our 6 U13 girls. On the boys side, John Olejnik improved by 3 places compared to Luton and Michael Rapson ran really strongly in the U13 age group among older boys.

For a full set of results that you can analyse to your heart's content (or is that just me?) go to <http://www.chilterncccl.co.uk/results.htm>. All of our individual times are listed overleaf – well done to everyone who competed and thanks to all the supporters out on the course.

Next month's Chiltern League XC is on **Saturday 3rd December in St. Albans**. This is Silson's 5th successive season in Division 1 and we really need a really big turnout and lots of strong performances to ensure we lift the club away from the relegation zone.

Simon Woodward

LEAGUE DIVISION 1 TABLE AFTER 2 EVENTS

Total Overall Score		Total	1	2	3	4	5
1	MARSHALL MILTON KEYNES	6078	2935	3143			
2	BEDFORD & COUNTY	5872	2848	3024			
3	WINDSOR SE&H	5852	2453	3399			
4	HARROW A.C.	5124	2489	2635			
5	CHILTERN HARRIERS	4918	2102	2816			
6	VALE OF AYLESBURY	4759	2281	2478			
7	LUTON A.C.	4328	2234	2094			
8	HEADINGTON R.R.	3469	1433	2036			
9	OXFORD CITY	3291	1367	1924			
10	LEIGHTON BUZZARD	3250	1595	1655			
11	TRING RUNNING CLUB	3116	1461	1655			
12	SILSON JOGGERS	3032	1399	1633			
13	BEARBROOK JOGGERS	2864	1185	1679			
14	GADE VALLEY	2602	1167	1435			

SILSON INDIVIDUAL RESULTS

Senior/Junior/Veteran Men

50	NICK PACEY	36.22	732	M40	9
66	CHRIS WOOD	37.23	712	M	36
83	JIM DARCY	38.23	713	M40	18
99	SIMON WOODWARD	39.37	711	M	47
112	DAN TAYLOR	40.20	714	M	50
121	MATT WOOTTON	40.44	715	M	55
133	RICHARD DAVIES	41.32	721	M	59
149	ANDY WRIGHT	42.25	730	M40	44
158	PAUL KING	43.01	724	M	67
162	STEWART SHEARS	43.15	728	M	70
170	ANDY TAYLOR	43.48	720	M	72
173	GRAHAM LINNELL	43.56	725	M50	23
193	DAVID MORLEY	45.30	726	M40	58
213	RICHARD WRAY	47.55	723	M40	67
230	BRIAN KEERS	50.09	727	M50	39
236	JOHN ADAMS	51.57	729	M50	42
239	ALLAN LOCK	53.59	722	M60	16

Under 17 Men

35	JOHN OLJENIK	27.15	712	M17	34
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Under 13 Boys

43	MICHAEL RAPSON	12.01	720	M13	43
48	ZACH RYCROFT	12.58	740	M13	48
49	BEN HANSON	13.06	739	M13	49
50	KADE VERVEY	13.53	721	M13	50

Senior/Veteran Ladies

36	HEATHER COOKE	31.15	711	F	22
46	SARAH CLARKE	32.00	731	F	27
58	ELLIE LOCKE	33.11	739	F	30
60	NATASHA KING	33.20	734	F35	16
66	CLAIRE TODD	34.16	740	F45	14
70	SUE CLAYTON-DRABBLE	34.27	732	F45	17
71	MEL BIGNELL	34.31	733	F45	18
74	MADELEINE MOUTRIE	34.50	735	F45	19
87	SHOENA SMEE	37.41	736	F45	23
90	JUSTINE VERVEY	38.32	714	F35	23
94	MARIE WRAY	39.39	738	F	39
95	ANNIE GRAY	39.50	713	F45	26
98	CLARE O'REILLY	41.10	715	F35	27
99	KIT RAPSON	41.50	712	F35	28

Under 15 Girls

30	LAYNE WRAY	16.17	713	F15	30
37	MADELEINE SMEE	17.58	714	F15	37

Under 13 Girls

43	NEAVE WRAY	12.35	718	F13	43
48	SKYE VERVEY	13.07	719	F13	48
49	ANABEL O'REILLY	13.08	715	F13	49
50	AMY JELLEY	13.15	717	F13	50
51	ELEANOR REES	13.19	716	F13	51
53	SOPHIE GRAY	13.47	720	F13	53