

**Chiltern League 2011/12**  
**Race 1 Luton Results, 8<sup>th</sup> October 2011**



Well done to all 34 Silson competitors who completed the Luton event, including 11 Juniors. Thanks also to those who supported and those who tried in vain to battle the M1 congestion. In what were fairly benign conditions, the main challenge was the uneven and undulating terrain and there were lots of brave and battling individual performances. We should all be pleased with our League Position of 11<sup>th</sup>.

As in all previous years we will look upwards in the league table and aim higher than we have achieved before. Silson always improves as the season progresses and this is a really good start to the season.

A longer report may well follow later – please forward any contributions you have to [Simon Woodward](#) and I'll add them here.

All of our individual times are listed overleaf.

For a full set of results that you can analyse to your heart's content (or is that just me?) go to <http://www.chilterncl.co.uk/results.htm>

Next month's Chiltern League XC is on Saturday 12<sup>th</sup> November in Watford. Please let [Graham Linnell](#) know if you would like a seat on the coach.

**LEAGUE DIVISION 1 TABLE AFTER 1 EVENT**

| <b>Total Overall Score</b> | <b>1</b>    | <b>2</b>    | <b>3</b> | <b>4</b> | <b>5</b> |
|----------------------------|-------------|-------------|----------|----------|----------|
| 1 MARSHALL MILTON KEYNES   | 2927        | 2927        |          |          |          |
| 2 BEDFORD & COUNTY         | 2840        | 2840        |          |          |          |
| 3 HARROW A.C.              | 2475        | 2475        |          |          |          |
| 4 WINDSOR SE&H             | 2445        | 2445        |          |          |          |
| 5 VALE OF AYLESBURY        | 2269        | 2269        |          |          |          |
| 6 LUTON A.C.               | 2223        | 2223        |          |          |          |
| 7 CHILTERN HARRIERS        | 2094        | 2094        |          |          |          |
| 8 LEIGHTON BUZZARD         | 1583        | 1583        |          |          |          |
| 9 TRING RUNNING CLUB       | 1445        | 1445        |          |          |          |
| 10 HEADINGTON R.R.         | 1419        | 1419        |          |          |          |
| <b>11 SILSON JOGGERS</b>   | <b>1384</b> | <b>1384</b> |          |          |          |
| 12 OXFORD CITY             | 1363        | 1363        |          |          |          |
| 13 BEARBROOK JOGGERS       | 1169        | 1169        |          |          |          |
| 14 GADE VALLEY             | 1151        | 1151        |          |          |          |

## SILSON INDIVIDUAL RESULTS

### Senior/Junior/Veteran Men

|     |                 |       |     |     |    |
|-----|-----------------|-------|-----|-----|----|
| 47  | CHRIS WOOD      | 31.54 | 712 | M   | 27 |
| 68  | SIMON WOODWARD  | 33.08 | 711 | M   | 36 |
| 81  | TOM PHELPS      | 33.50 | 717 | M   | 42 |
| 83  | JIM DARCY       | 34.00 | 713 | M40 | 13 |
| 102 | RICHARD POPIEL  | 35.01 | 730 | M50 | 7  |
| 111 | ANDY KIRK       | 35.44 | 718 | M   | 52 |
| 113 | DAN TAYLOR      | 35.49 | 714 | M   | 53 |
| 132 | MICHAEL SPENCER | 37.11 | 722 | M40 | 34 |
| 137 | DAVE COATES     | 37.27 | 719 | M50 | 14 |
| 145 | STEWART SHEARS  | 38.03 | 728 | M   | 62 |
| 146 | RICHARD DAVIES  | 38.13 | 721 | M   | 63 |
| 162 | PAUL KING       | 39.08 | 724 | M   | 68 |
| 164 | DAVID MORLEY    | 39.12 | 726 | M40 | 46 |
| 166 | GRAHAM LINNELL  | 39.26 | 725 | M50 | 23 |
| 179 | RICHARD WRAY    | 40.46 | 723 | M40 | 51 |
| 191 | DAVE LANTSBERRY | 42.13 | 731 | M   | 74 |
| 197 | BRIAN KEERS     | 43.11 | 727 | M50 | 32 |
| 203 | JOHN ADAMS      | 45.00 | 729 | M50 | 34 |

### Under 17 Men

|    |              |       |     |     |    |
|----|--------------|-------|-----|-----|----|
| 37 | JOHN OLJENIK | 23.04 | 712 | M17 | 37 |
|----|--------------|-------|-----|-----|----|

### Under 13 Boys

|    |              |       |     |     |    |
|----|--------------|-------|-----|-----|----|
| 55 | BEN HANSON   | 13.34 | 739 | M13 | 55 |
| 57 | ZACH RYCROFT | 15.01 | 740 | M13 | 57 |

### Senior/Veteran Ladies

|    |                   |       |     |     |    |
|----|-------------------|-------|-----|-----|----|
| 35 | HEATHER COOKE     | 26.39 | 711 | F   | 21 |
| 49 | SARAH CLARKE      | 27.56 | 731 | F   | 27 |
| 57 | NATASHA KING      | 28.31 | 734 | F35 | 13 |
| 63 | MADELEINE MOUTRIE | 28.52 | 735 | F45 | 14 |
| 81 | CLARE O'REILLY    | 34.03 | 715 | F35 | 21 |

### Under 15 Girls

|    |                |       |     |     |    |
|----|----------------|-------|-----|-----|----|
| 27 | LAYNE WRAY     | 15.34 | 713 | F15 | 27 |
| 47 | MADELEINE SMEE | 18.41 | 714 | F15 | 47 |

### Under 13 Girls

|    |                 |       |     |     |    |
|----|-----------------|-------|-----|-----|----|
| 43 | NEAVE WRAY      | 14.16 | 718 | F13 | 43 |
| 45 | SKYE VERVEY     | 14.37 | 719 | F13 | 45 |
| 46 | ANABEL O'REILLY | 14.38 | 715 | F13 | 46 |
| 48 | ELEANOR REES    | 15.05 | 716 | F13 | 48 |
| 53 | SOPHIE GRAY     | 16.32 | 720 | F13 | 53 |
| 54 | AMY JELLEY      | 16.32 | 717 | F13 | 54 |