

Round 9**Blisworth 5M****7th August 2009**

The second race in a week didn't daunt the Challengers and thirteen turned out on a sunny evening in Blisworth for five miles over an undulating course. The competition was again close at the top and produced a fine result for the club.

More Challengers passed the seven race milestone and consequently dropped scores which has shaken up the middle order placings.

Andy P has increased his lead (surely a case for success ballast) and the gap between **Heather** and **Andy H** has shrunk to almost nothing. There were no changes in the class leaders

Overall Leader Andy Pacey

Class Leaders

F Senior	Heather Cooke
F 35	No Runners
F 45	Mel Bignell
M Senior	Dan Taylor
M 40	Andy Pacey
M 45	Michael Spencer
M 50	Andy Hoare
M 60	Len Pannell
M 65	Allan Lock

Full Results

<u>Name</u>			<u>Blisworth 5</u>		
			Time	Points	Total
1	Andy Pacey	M40	29.04	114.06	742.41
2	Heather Cooke	F Senior	34.28	110.47	788.30
3	Andy Hoare	M50	32.57	111.57	788.65
4	Mel Bignell	F45	40.25	113.53	812.50
5	Michael Spencer	M45	33.27	115.68	812.96
6	Len Pannell	M60	37.43	123.06	813.99
7	Dan Taylor	M Senior	32.18	132.65	861.72
<u>6 Races</u>					
8	Allan Lock	M65			667.56
9	Madeleine Moutrie	F45	40.49	114.65	699.91
10	Warren Marsh	M50	39.56	135.21	744.06
11	Richard Popiel	M45	36.01	141.33	785.17
12	Sandy Moffat	M45			816.13
13	Rosie Moffat	F45			842.13
<u>5 Races</u>					
14	Jim Darcy	M40			534.57
16	Chris Wood	M Senior			563.73
15	Simon Woodward	M Senior	29.46	122.25	577.12
17	Andy Taylor	M Senior	32.11	132.17	647.61
18	Tom Pomeroy	M60			656.48
<u>3 Races</u>					
19	Brian Keers	M45	38.29	151.01	411.35
<u>1 Race</u>					
20	Trevor George	M50			126.16
21	Tom Phelps	M Senior			128.42
22	David Morley	M40			168.17

Fastest Times

	Mins	Secs
F Senior	31	12
F35	30	17
F45	35	36
M Senior	24	21
M40	25	29
M45	28	55
M50	29	32
M60	30	39
M65	36	35

The remaining Challenge races are:

Moulton 10K	Sunday 30 th August	(NAA RRL)
Cransley Hospice Half Marathon	Sunday 20 th September	(NAA RRL)
Daventry 6M	Sunday 27 th September	(NAA RRL)

There's a couple of weeks break before the next round at Moulton and it's going to be difficult for **Andy P** to be caught now, but there's still an exciting needle battles for second and third with less than a point between **Heather** and **Andy H**, and for fourth and fifth between **Mel** and **Len**.

Thank you for taking part at Blisworth and see you at Moulton.

Brian