



## Silson Joggers

### Results of the Club 10k Handicap Race

29 April 2009

	Position	Finish time	Handicap	Running time
Allan Lock	1	63:35	+9:00	54:35
Warren Marsh	2	63:49	+19:30	44:19
Jim Darcy	3	63:56	+25:30	38:26
Stewart Shears	4	64:01	+19:00	45:01
Mel Bignell	5	64:06	+14:30	49:36
Dan Taylor	6	64:15	+24:00	40:15
Andy Hoare	7	64:18	+22:00	42:18
Graham Linnell	8	64:22	+23:00	41:22
Dave Lantsbery	9	64:30	+18:00	46:30
Heather Cooke	10	64:32	+21:00	43:32
Len Pannell	11	64:35	+18:00	46:35
Andy Pacey	12	64:38	+27:00	37:38
Trevor Barnes	13	64:43	+21:00	43:43
Natasha King	14	64:46	+13:00	51:46
Jeff Haynes	15	64:56	+26:00	38:56
Trevor George	16	65:03	+17:00	48:03
Rob Gillies	17	65:16	+23:00	42:16
Alex O'Connor	18	65:38	+15:30	50:08
Matt Wootton	19	65:45	+24:30	41:15
Emma Sambrook	20	66:01	+10:00	56:01
Tom Pomeroy	21	66:19	+11:00	55:19
Dave Morley	22	67:20	+16:00	51:20